

# ANALGESIA PROCEDURE FOR NURSING CARE

NURSING (mobilization, drain removal...) = RISK = PATIENT MONITORING

## CONTINUOUS SEDATION ANALGESIA YES

IS PATIENT PAINFUL AT REST ?

**YES**

Refer to continuous sedation-analgesia algorithm titrate sufentanil according to BPS score

until BPS <5 at rest

**WAIT**

for BPS at rest <5 before any nursing procedure

**NO**

Cf nurse report for the previous NURSING procedure  
(Patient's Clinical-Information-System : data sheet (RASS, BPS/BPS-NI, V-NRS) and nurse shift reports (pain targets))

**If it was not sufficient**

according to sedation-analgesia algorithm :

\* ↑ sufentanil bolus of 5 µg

### FILL OUT Patient's Clinical-Information-System

- 1) At rest and during nursing procedure : RASS, V-NRS or BPS/BPS-NI
- 2) Pain targets (nurse shift reports)
  - a : type of nursing procedure + V-NRS/BPS/BPS-NI evaluated during the procedure
  - b : analgesia provided
  - c : efficacy /NRS-BPS/BPS-NI, incidents

## CONTINUOUS SEDATION ANALGESIA NO

IS PATIENT PAINFUL AT REST ?

**YES**

PAIN ALREADY KNOWN AND ITS CAUSE IS DIAGNOSED

**YES**

1) Registered nurses 'and nurse assistants' field of competence (psychological support, bed installation, distraction, television-radio))

2) Non pharmacological therapies (massage, music-thérapie)

3) Pharmacological therapies ordered for nursing procedures

**NO**

**CALL DOCTOR**

Alarm symptom : diagnosis is required

**WAIT**  
for BPS/BPS-NI at rest <5  
V-NRS <4  
before any nursing procedure

**NO**

Cf nurse report of the previous nursing procedure  
(Patient's Clinical-Information-System : data sheet (RASS, BPS/BPS-NI, V-NRS) and nurse shift reports (pain targets))

**If not sufficient :**

1. Reinforce

Non pharmacological therapies

2. Increase

Pharmacological therapies ordered for nursing procedures

\*Acetaminophen 1g/30 min and/or

\*Nefopam 20 mg/30min, and/or

\*Tramadol 50-100 mg/30 min (peak action 30 min)

**If ineffective :**

\*Alfentanil

bolus of 0,25 à 0,5 mg/ 2min, renew until 1mg IVD (peak action :1-2 min)