

# Downregulation of the tumour suppressor p16<sup>INK4A</sup> contributes to the polarisation of human macrophages toward an adipose tissue macrophage (ATM)-like phenotype

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## Abstract

### Aims/hypothesis

Human adipose tissue macrophages (ATMs) display an alternatively activated (M2) phenotype, but are still able to produce excessive inflammatory mediators. However, the processes driving this particular ATM phenotype are not understood. Genome-wide association studies associated the *CDKN2A* locus, encoding the tumour suppressor p16<sup>INK4A</sup>, with the development of type 2 diabetes. In the present study, p16<sup>INK4A</sup> levels in human ATMs and the role of p16<sup>INK4A</sup> in acquiring the ATM phenotype were assessed.

### Methods

Gene expression of *p16* in ATMs was analysed and compared with that in monocyte-derived macrophages (MDMs) from obese patients or with macrophages from human atherosclerotic plaques (AMs). Additionally, p16<sup>INK4A</sup> levels were studied during macrophage differentiation and polarisation of monocytes isolated from healthy donors. The role of p16<sup>INK4A</sup> in MDMs from healthy donors was investigated by small interfering (si)RNA-mediated silencing or adenovirus-mediated overproduction of p16<sup>INK4A</sup>.

### Results

Compared with MDMs and AMs, ATMs from obese patients expressed lower levels of *p16*. In vitro, IL-4-induced M2 polarisation resulted in lower p16<sup>INK4A</sup> protein levels after differentiation of monocytes from healthy donors in macrophages. Silencing of p16<sup>INK4A</sup> in MDMs mediated by siRNA increased the expression of M2 marker genes and enhanced the response to lipopolysaccharide (LPS), to give a phenotype resembling that of ATM. By contrast, adenovirus-mediated overproduction of p16<sup>INK4A</sup> in MDMs diminished M2 marker gene expression and the response to LPS. Western blot analysis revealed that p16<sup>INK4A</sup> overproduction inhibits LPS- and palmitate-induced Toll-like receptor 4 (TLR4)-nuclear factor of  $\kappa$  light polypeptide gene enhancer in B cells (NF- $\kappa$ B) signalling.

### Conclusions/interpretation

These results show that p16<sup>INK4A</sup> inhibits the acquisition of the ATM phenotype. The age-related increase in p16<sup>INK4A</sup> level may thus influence normal ATM function and contribute to type 2 diabetes risk.

**MESH Keywords** Adipose Tissue ; metabolism ; Cell Polarity ; Cyclin-Dependent Kinase Inhibitor p16 ; biosynthesis ; genetics ; Diabetes Mellitus, Type 2 ; metabolism ; Down-Regulation ; Female ; Gene Silencing ; Humans ; Macrophages ; metabolism ; Male ; NF-kappa B ; metabolism ; Obesity ; metabolism ; Plaque, Atherosclerotic ; metabolism ; RNA, Small Interfering ; metabolism ; Toll-Like Receptor 4 ; metabolism

**Author Keywords** Adipose tissue macrophages ; CDKN2A ; Inflammation ; Macrophage polarisation ; Senescence ; Type 2 diabetes

## Introduction

Macrophage infiltration into adipose tissue (AT) reflects the low-grade inflammatory state characterising obesity and insulin resistance [1]. Obesity-induced adipocyte hypertrophy causes adipocyte inflammation and cell death triggering macrophage accumulation. These AT macrophages (ATMs) accumulate in AT, surrounding dead adipocytes and forming so-called crown-like structures (CLS) [2]. Macrophages exhibit different activation states allowing them to exert specialised functions: classically activated (M1) macrophages produce high levels of inflammatory mediators such as TNF, IL-6 and cyclo-oxygenase 2 (COX2), while alternatively activated (M2) macrophages produce anti-inflammatory cytokines [3]. In vitro, monocyte differentiation into M2 macrophages is induced by stimulation with T helper 2 (Th2) cytokines, such as IL-4 or IL-13, or into M1 macrophages by stimulation with IFN $\gamma$  or lipopolysaccharide (LPS) [4]. M2 markers include mannose receptor, C type 1 (CD206), the haptoglobin-haemoglobin scavenger receptor (CD163) and the chemokine chemokine (C-C motif) ligand 18 (pulmonary and activation-regulated) (CCL18 [also known AMAC1]) [4]. In obesity, inflammatory

cytokine production by ATMs increases significantly. Based on animal studies it was proposed that obesity promotes the recruitment of M1 macrophages into AT and/or induces a shift of M2 resident macrophages toward the M1 state [5]. Indeed, mouse ATMs form a heterogeneous population including both M1 and M2 subsets [6]. However, in humans, ATMs have a more complex phenotype, possibly depending on their localisation within the AT [7,8]. Notwithstanding, the molecular mechanisms determining this particular polarisation remain elusive.

p16<sup>INK4A</sup>, encoded by the *CDKN2A* locus, is a cell cycle inhibitor which blocks cyclin D/cyclin-dependent kinase 4 (CDK4) kinase activity by binding to the catalytic subunit of CDK4, thereby preventing retinoblastoma protein phosphorylation and subsequent liberation of the E2F1 transcription factor. Hence, the transcription of genes required for progression to the S phase is restrained [9]. Historically, p16<sup>INK4A</sup> has been studied in relation to cancer and many human tumours display altered p16<sup>INK4A</sup> levels [10]. Because of its role in cell cycle exit, p16<sup>INK4A</sup> plays a role in senescence. For instance, mammary epithelial cells, fibroblasts and T lymphocytes accumulate p16<sup>INK4A</sup> during ageing [11]. More recently, p16<sup>INK4A</sup> was shown to be absent in induced pluripotent stem cells, but to be re-induced during cellular reprogramming, highlighting a role of p16<sup>INK4A</sup> in cell fate determination [12]. However, little is known about whether p16<sup>INK4A</sup> exerts functions unrelated to cell cycle control. Interestingly, a region near the *CDKN2A* locus has been associated with type 2 diabetes development [13]. As macrophage infiltration and inflammation are key events of type 2 diabetes and obesity, the present study aimed to investigate the connection between p16<sup>INK4A</sup> levels in human ATMs and their particular phenotype.

## Methods

### Human ATM purification

Human ATMs were purified from visceral AT biopsies as described by Mayi et al. [14] from non-diabetic morbidly obese patients (BMI 55.7 + 3 kg/m<sup>2</sup>) undergoing bariatric surgery with informed consent. The study was approved by the ethics committee of the Centre Hospitalier Régional Universitaire de Lille, France, under the ABOS (Atlas Biologique de l'Obésité Sévère) and OMENTOB (OMENTectomie au cours de la gastrectomie en manchon chez l'OBèse sévère: étude pilote contrôlée et randomisée) frameworks. None of the patients had clinical symptoms of systemic inflammation or malignancies.

### Immunohistochemical analysis and laser-capture microdissection of human atherosclerotic plaques

Human atherosclerotic plaques were removed from patients eligible for surgical carotid endarterectomy recruited at the Cardiovascular Surgery Department, Hospital of Lille, France. Informed consent was obtained from all patients. For immunohistochemical analysis and macrophage detection, endogenous peroxidase activity was quenched and serial 8 µm cryosections were stained with monoclonal anti-human CD68 antibodies (Dako Corporation, Zone d'Activités du Buisson de la Coudre, France) followed by detection with biotinylated secondary antibodies and streptavidin–horseradish peroxidase. Immunostaining was visualised using the 3-amino-9-ethylcarbazole (AEC) substrate–chromogen system.

Adjacent cryosections of atherosclerotic plaques containing CD68<sup>+</sup> macrophage-rich areas were dehydrated in a series of graded alcohols, cleared in xylene and prepared for laser-capture microdissection, performed on an ArcturusXT Microdissection Instrument with CapSure Macro LCM Caps (MDS Analytical Technologies, Saint Gregoire, France). Macrophage-rich areas were captured from four adjacent 8 µm sections and pooled for RNA extraction. RNA extraction from isolated samples was performed using the Picopure RNA extraction kit (MDS Analytical Technologies). RNA quality was assessed using the Agilent 2100 Bioanalyser (Agilent Technologies, Massy, France) and amplified in two rounds using the ExpressArt TRinucleotide mRNA amplification Nano kit (AmpTec, Vicq, France).

### Human monocyte differentiation into macrophages

Mononuclear cells isolated from blood of healthy donors (Ficoll gradient) were cultured in RPMI 1640 medium with 10% (vol./vol.) pooled human serum for 7–12 days. During this time, monocytes were differentiated into mature monocyte-derived macrophages (MDMs) or into M2 macrophages by supplementing the medium with IL-4 (15 ng/ml) starting from day 0. Macrophages were treated with either LPS (100 ng/ml) for 1 h or 2 h or with palmitate (500 µmol/l) for 1 h.

### Adenovirus-mediated transfer of p16<sup>INK4A</sup> and p16<sup>INK4A</sup> inhibition by siRNA transfection

To ectopically overproduce p16<sup>INK4A</sup> in MDMs, cells were infected with p16<sup>INK4A</sup> adenovirus (kind gift of Dr. A. Mazo, University of Barcelona, Spain) or lacZ adenovirus (infection control) for 16 h on the seventh day of culture. For p16<sup>INK4A</sup> inhibition studies, small interfering (si)RNA targeting *CDKN2A* (M-011007-00; Dharmacon, Courtaboeuf, France) was added to MDMs on the seventh day of differentiation for 12 h. At 24 h after adenoviral infection or siRNA transfection, cells were stimulated or used directly to harvest total RNA, cellular protein and culture media for further analysis.

### Gene expression and determination of protein levels

RNA was isolated from healthy MDMs by the TRIzol method (Invitrogen Life Technologies, Cergy Pontoise, France) or from ATMs and MDMs from obese patients using the RNeasy micro kit (Qiagen, Courtaboeuf, France) following the manufacturer's instructions. Gene expression was examined by quantitative RT-PCR using specific primers (Eurogentec, Angers, France) (see electronic supplementary material [ESM] Table 1). RNA levels were normalised to cyclophilin A mRNA.

Proteins were determined by western blot analysis using a monoclonal antibody against human p16<sup>INK4A</sup> (Beckton Dickinson), signal transducer and activator of transcription 6, interleukin-4 induced (STAT6) and phosphorylated STAT6 (9362 and 9361), phospho-IKK $\alpha$ , $\beta$  (2681), I $\kappa$ B $\alpha$  (9242), phospho-P38 (9211) (Cell Signaling), Toll-like receptor 4 (TLR4) (sc-10741), and  $\beta$ -actin (sc-1616) (Santa Cruz). Levels of TNF protein in culture media were measured using an ELISA (R&D Systems, Lille, France).

### Statistical analysis

Data are from representative experiments. Each set of experiments was repeated at least three times with similar results. Statistical significance was determined by the Student's *t* test. Values are reported as means  $\pm$  SD. Values of  $p < 0.05$  were considered significant and different levels of significance are represented by asterisks: \* $p < 0.05$ , \*\* $p < 0.01$  and \*\*\* $p < 0.001$ .

## Results

### Human p16<sup>INK4A</sup> expression is lower in ATMs than in MDMs or AMs

Expression of *p16* in human ATMs was compared with MDMs differentiated from monocytes from the same obese donors. Confirming previous reports on the human ATM phenotype [8], mRNA expression of typical M2 markers (*AMAC1* [also known as *CCL18*] and *IL10*) and of the inflammatory cytokine *TNF* was higher in ATMs compared with MDMs (data not shown). ATMs expressed significantly lower *p16* mRNA levels than MDMs as well as CD68-positive atherosclerotic plaque macrophages (AMs) (Fig. 1a). This observation suggests that *p16* expression is specifically decreased in ATMs. Interestingly, in vitro macrophage differentiation led to the induction of p16<sup>INK4A</sup> protein levels (Fig. 1b), whereas this induction was inhibited in macrophages differentiated in the presence of IL-4, leading to M2 polarisation (Fig. 1c). All observed changes in p16<sup>INK4A</sup> levels occurred without alterations in cell cycle progression (data not shown).

As peroxisome proliferator-activated receptor (PPAR) $\alpha$  activation induces *p16* expression in smooth muscle cells [15] and as PPAR $\gamma$  activation enhances M2 polarisation [16], we investigated whether PPAR $\gamma$  activation with GW929 affects *p16* expression. GW929 treatment of mature MDM macrophages resulted in a very mild inhibition of *p16* expression while GW929 treatment had no effect on *p16* levels in mature M2 macrophages (ESM Fig. 1a). Thus, *p16* is not induced by PPAR $\gamma$  activation in human macrophages. Moreover, enhancing M2 polarisation by adding GW929 to monocytes at the start of differentiation [16] did not further decrease *p16* expression (ESM Fig. 1b), suggesting that downregulation of *p16* is mainly IL-4 dependent.

These data show that *p16* expression is low in human ATMs and that in vitro differentiation of primary monocytes into M2 macrophages mimics this effect.

### Silencing of p16<sup>INK4A</sup> in MDMs induces a phenotype resembling human ATMs

As ATMs display low *p16* expression compared with MDMs and as M2 polarisation lowers p16<sup>INK4A</sup> levels, we determined whether a direct link exists between p16<sup>INK4A</sup> levels and macrophage polarisation. Silencing p16<sup>INK4A</sup> in MDMs by approximately 60% using siRNA (Fig. 2a) increased mRNA expression of the M2 markers *CD206* (also known as *MRC1*) and *AMAC1*, while the expression of *CD163*, an M2 marker typically downregulated when macrophages are differentiated in vitro with IL-4 [4], decreased (Fig. 2c).

Activation of MDMs with LPS increased p16<sup>INK4A</sup> protein levels (Fig. 2b), suggesting a role for p16<sup>INK4A</sup> in the inflammatory response. To determine whether p16<sup>INK4A</sup> knockdown also modulates the inflammatory response of macrophages, MDMs from healthy donors were treated with LPS after p16<sup>INK4A</sup> silencing. Although p16<sup>INK4A</sup> knockdown induced an M2-phenotype (Fig. 2c), the expression of the inflammatory response genes *TNF*, *COX2* and *IL6* was more strongly induced by LPS (Fig. 2d). Furthermore, LPS-induced TNF secretion was higher in cells transfected with p16<sup>INK4A</sup> siRNA (Fig. 2e). The production of high levels of inflammatory cytokines upon activation, despite being M2 polarised, resembles the human ATM phenotype [8].

Importantly, p16<sup>INK4A</sup> overproduction by adenovirus-mediated gene transfer (Fig. 3a) showed an expression pattern opposite to the one observed with p16<sup>INK4A</sup> silencing, i.e. downregulation of *CD206* and *AMAC1*, upregulation of *CD163* (Fig. 3b) and a decreased response to LPS (Fig. 3c). Together, these data indicate that downregulation of p16<sup>INK4A</sup> levels results in an M2-like phenotype associated with an exacerbated response to inflammation, reflecting the phenotype of ATMs, while p16<sup>INK4A</sup> overproduction inhibits the ATM phenotype.

### p16<sup>INK4A</sup> interferes with the TLR4 response upstream of NF $\kappa$ B without affecting TLR4 levels

A major pathway involved in regulating M2 genes involves STAT6 signalling [3]. However, modulation of p16<sup>INK4A</sup> levels did not affect phosphorylation of STAT6 under basal conditions or after IL-4 treatment (data not shown). LPS signalling involves TLR4-mediated phosphorylation of p38 and inhibitor of nuclear factor kappa-B kinase (IKK)  $\alpha,\beta$  [17]. The latter phosphorylates nuclear factor of kappa light polypeptide gene enhancer in B-cells inhibitor, alpha (I $\kappa$ B $\alpha$ ), leading to I $\kappa$ B $\alpha$  degradation and subsequent release and nuclear translocation of nuclear factor of  $\kappa$  light polypeptide gene enhancer in B cells (NF $\kappa$ B), thereby initiating the transcriptional activation of inflammatory genes [17]. Subsequent to its activation, TLR4 protein is degraded [18]. Although p16<sup>INK4A</sup> overproduction decreased the response to LPS (Fig. 3c), this effect was unrelated to TLR4 protein levels in basal or in LPS-stimulated conditions, the latter resulting in the complete degradation of TLR4 (Fig. 4), pointing to an effect downstream in this pathway. Indeed, LPS-induced phosphorylation of p38 and of IKK $\alpha,\beta$  was less pronounced in cells overproducing p16<sup>INK4A</sup> (Fig. 4). In line, I $\kappa$ B $\alpha$ , which inhibits the nuclear translocation of NF $\kappa$ B [17], was less degraded on LPS treatment (Fig. 4). Notably, under unstimulated conditions, p16<sup>INK4A</sup> overexpression induced lower levels of anti-inflammatory I $\kappa$ B $\alpha$  (Fig. 4). Obesity is associated with increased levels of NEFAs, such as palmitate [19], which are known to act as TLR4 ligands [20]. In line with the observations on LPS-treatment, MDM overproducing p16<sup>INK4A</sup> displayed decreased phosphorylation of p38 and IKK $\alpha,\beta$  after stimulation with palmitate (ESM Fig. 2). These results suggest that p16<sup>INK4A</sup> directly interferes with TLR4–NF $\kappa$ B signalling, resulting in an altered inflammatory profile.

## Discussion

We show that ATMs from obese patients as well as IL4-polarised human M2 macrophages in vitro are characterised by low *p16* expression compared with, respectively, MDMs or AMs and to LPS-induced M1 macrophages in vitro. Moreover, siRNA-mediated downmodulation of p16<sup>INK4A</sup> in MDMs induced an M2 phenotype while increasing the inflammatory response to LPS, thus inducing an ATM-like phenotype. Overproduction of p16<sup>INK4A</sup> resulted in the opposite phenotype, providing proof that the effects are p16<sup>INK4A</sup> specific.

Although the dominant phenotype of human ATMs is a mixed M1/M2 phenotype [8,21], recent reports describe the existence of different macrophage subpopulations in obese AT [7,22]. Compared with resident ATMs, which are negative for the M1 marker CD11c and positive for the M2 marker MR, crown-like structure (CLS)-ATMs display a mixed profile of polarisation markers (i.e. they are positive for both CD11c and MR) and produce more pro-inflammatory mediators than resident parenchymal ATMs [22], thus resembling the phenotype observed on downmodulation of p16<sup>INK4A</sup> levels by siRNA. Interestingly, these CLS macrophages express lower levels of *CD163* than resident ATMs [22]. Combined with our results that inhibition of p16<sup>INK4A</sup> levels leads to a mixed phenotype characterised by low *CD163* expression, these observations suggest that p16<sup>INK4A</sup> may be particularly involved in the differentiation of blood monocytes to CLS-ATMs during obesity. Therefore, it would be interesting to determine the ATM subpopulation in which p16<sup>INK4A</sup> is silenced and whether its expression levels correlate with CLS formation, AT inflammation or metabolic disturbances.

Our data show that p16<sup>INK4A</sup> in human macrophages interferes with TLR4–NF $\kappa$ B signalling, identifying a mechanism via which p16<sup>INK4A</sup> regulates the inflammatory status of these cells. In line, it has been previously shown that local transfer of p16<sup>INK4A</sup> into bone joints suppresses pro-inflammatory cytokines in a mouse model of rheumatoid arthritis [23] and that the E2F1 transcription factor, a target of p16<sup>INK4A</sup>, is required for the transcriptional activation of certain NF $\kappa$ B target genes [24]. Moreover, the NF $\kappa$ B pathway has been shown, at least in mice, to play a role in ATM phenotype and function. Mice with a luciferase construct driven by a NF $\kappa$ B-responsive promoter show signal enrichment in ATM clusters during diet-induced obesity [25] and modulation of haematopoietic levels of I $\kappa$ k $\beta$  affects the development of obesity and insulin resistance [26,27]. In parallel, the pro-inflammatory phenotype found in human ATMs involves many NF $\kappa$ B target genes, such as *TNF*, *IL6*, *MCP1* (also known as *CCL2*), *IL8* and *COX2* [21].

Overproduction of p16<sup>INK4A</sup> resulted in decreased IKK $\alpha,\beta$  phosphorylation. Moreover, phosphorylation of p38, another component of the LPS-induced signalling pathway converging with NF $\kappa$ B signalling at the level of TNF receptor-associated factor 6 (TRAF-6) [17], was diminished. Although p16<sup>INK4A</sup> has been shown to induce anti-proliferative responses via negative cross-talk with the p65 subunit of NF $\kappa$ B [28], our results thus indicate that p16<sup>INK4A</sup> interferes upstream of the p65 subunit of NF $\kappa$ B, possibly at the level, or upstream, of TRAF6. Notably, TLR4 levels were unaffected by p16<sup>INK4A</sup> overproduction.

Interestingly, the main pathway controlling M2 polarisation, i.e. STAT6 phosphorylation, was unchanged on modulation of p16<sup>INK4A</sup> levels (data not shown). However, under basal conditions, overproduction of p16<sup>INK4A</sup> also exerted effects on the NF $\kappa$ B pathway, as shown by lower I $\kappa$ B $\alpha$  protein levels. I $\kappa$ B $\alpha$  is known to be anti-inflammatory [17] and inhibition of I $\kappa$ B $\alpha$  phosphorylation and subsequent degradation by adiponectin promotes M2 polarisation [29], suggesting that the anti-inflammatory effects of I $\kappa$ B $\alpha$  can enhance alternative polarisation. The lower I $\kappa$ B $\alpha$  levels in basal conditions after *p16* overexpression may thus, at least in part, contribute to the decreased expression of M2 genes. Alternatively, NF $\kappa$ B has been shown to maintain the M2 polarisation status in tumour-associated macrophages [30], suggesting that a decrease in NF $\kappa$ B signalling itself could also contribute to the decreased M2 profile of macrophages overexpressing *p16*.

Silencing of the *p16* locus is associated with an increased risk of cancer development. For example, in certain haematological malignancies  $p16^{\text{INK4A}}$  loss of function leads to uncontrolled cell proliferation [31]. However, human MDMs are terminally differentiated cells, which means they are in a cell state tightly linked to cell cycle withdrawal. In line, the mature macrophages were in the G0 phase regardless of their polarisation state (data not shown). Therefore, we propose a direct association between *p16* expression and macrophage phenotype, independent of cell cycle control. In parallel with several cancers such as lung cancer and the haematopoietic cancer leukaemia, where the *CDKN2A/B* genomic methylation status regulating  $p16^{\text{INK4A}}$  is used as an early diagnostic marker [31],  $p16^{\text{INK4A}}$  levels in ATMs might serve as a diagnostic marker of ATM function.

Although studies in mice suggest that an age-dependent increase of  $p16^{\text{INK4A}}$  levels hamper beta cell proliferation, resulting in impaired glucose homeostasis [32], it remains obscure whether  $p16^{\text{INK4A}}$  plays a similar role in human pancreatic function. Our data show a novel role of  $p16^{\text{INK4A}}$  in another cell type, i.e. human ATMs, which are important during the development of type 2 diabetes [1]. As in pancreatic beta cells, increased  $p16^{\text{INK4A}}$  levels causes the age-dependent decline in proliferation of haematopoietic stem cells [33], which give rise to immune cells. As our results show that  $p16^{\text{INK4A}}$  overproduction inhibits the phenotype of non-proliferating ATMs, age-related increases of  $p16^{\text{INK4A}}$  levels may disturb normal ATM function, possibly leading to disturbed AT homeostasis. As the locus encoding  $p16^{\text{INK4A}}$  has been associated with the risk of type 2 diabetes [13], our results suggest that  $p16^{\text{INK4A}}$  levels in ATMs may partially explain the link between type 2 diabetes and the linkage disequilibrium found with the *CDKN2A* locus.

In conclusion, this study indicates that downmodulation of  $p16^{\text{INK4A}}$  is an important event during macrophage maturation into ATMs, acting as a modulator of the cellular inflammatory status.

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## Footnotes:

**Contribution statement** All authors participated in the conception and design, or analysis and interpretation of the data, contributed to drafting and revising the manuscript and the final approval of the version to be published.

**Duality of interest** The authors declare that there is no duality of interest associated with this manuscript.

## Abbreviations

AT : Adipose tissue  
AM : Atherosclerotic plaque macrophage  
ATM : Adipose tissue macrophage  
CDK4 : Cyclin dependent kinase 4  
CLS : Crown-like structures  
COX2 : Cyclo-oxygenase 2  
LPS : Lipopolysaccharide  
MDM : Monocyte-derived macrophage  
NF $\kappa$ B : Nuclear factor of  $\kappa$  light polypeptide gene enhancer in B cells  
STAT6 : Signal transducer and activator of transcription 6, interleukin-4  
TLR4 : Toll-like receptor 4

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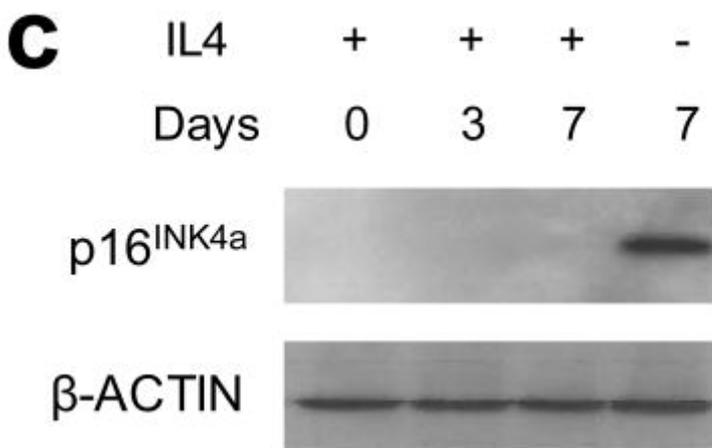
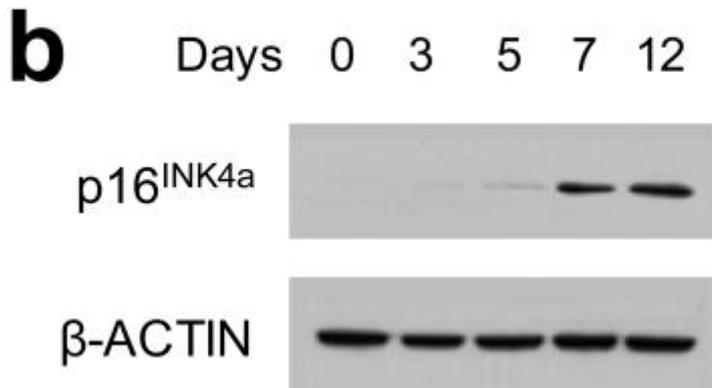
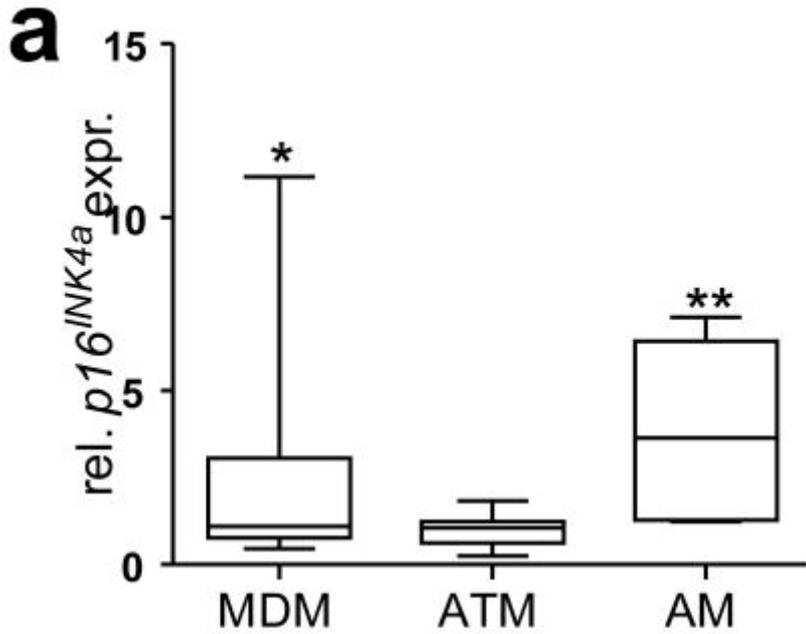
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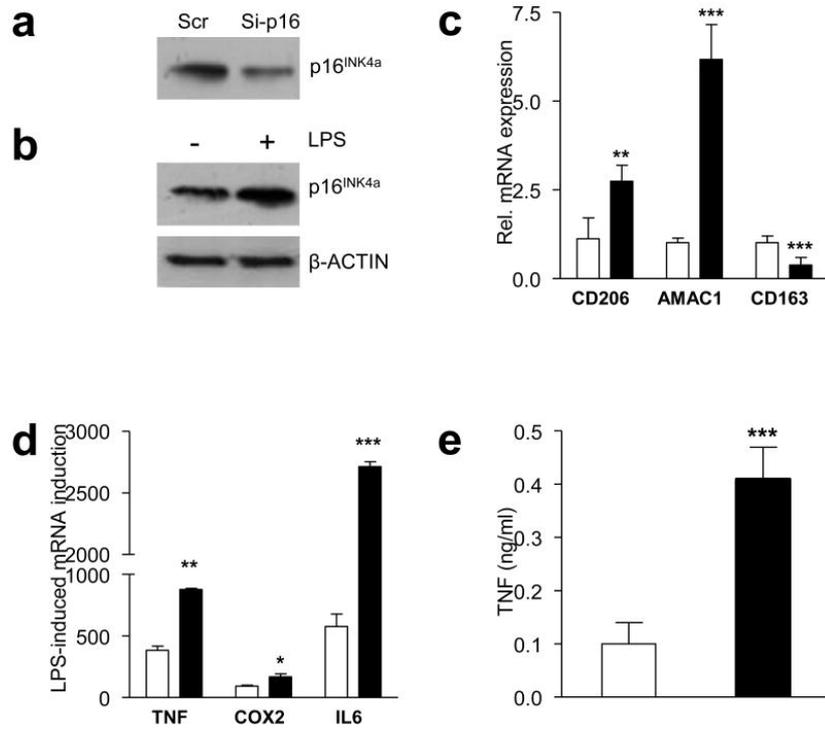
**Fig. 1**

$p16^{\text{INK4A}}$  levels are low in ATMs and M2 macrophages. **a** Human ATMs were purified from visceral AT biopsies; monocytes purified from whole blood of the same obese donors ( $n=9$ ) were differentiated for 7 days into MDMs.  $\text{CD68}^+$  AMs were isolated from human carotid plaques ( $n=6$ ) by laser-capture microdissection. mRNA was isolated and quantitative RT-PCR was performed to measure mRNA expression levels of  $p16$  in the cell types. Statistically significant differences are indicated ( $t$  test;  $*p<0.05$ ,  $**p<0.01$  compared with ATM). **b**  $p16^{\text{INK4A}}$  protein was detected by western blot at different time points during macrophage differentiation from blood monocytes of healthy donors. **c**  $p16^{\text{INK4A}}$  protein was detected by western blot at different time points during alternative macrophage differentiation of blood monocytes from healthy donors in the presence of IL-4



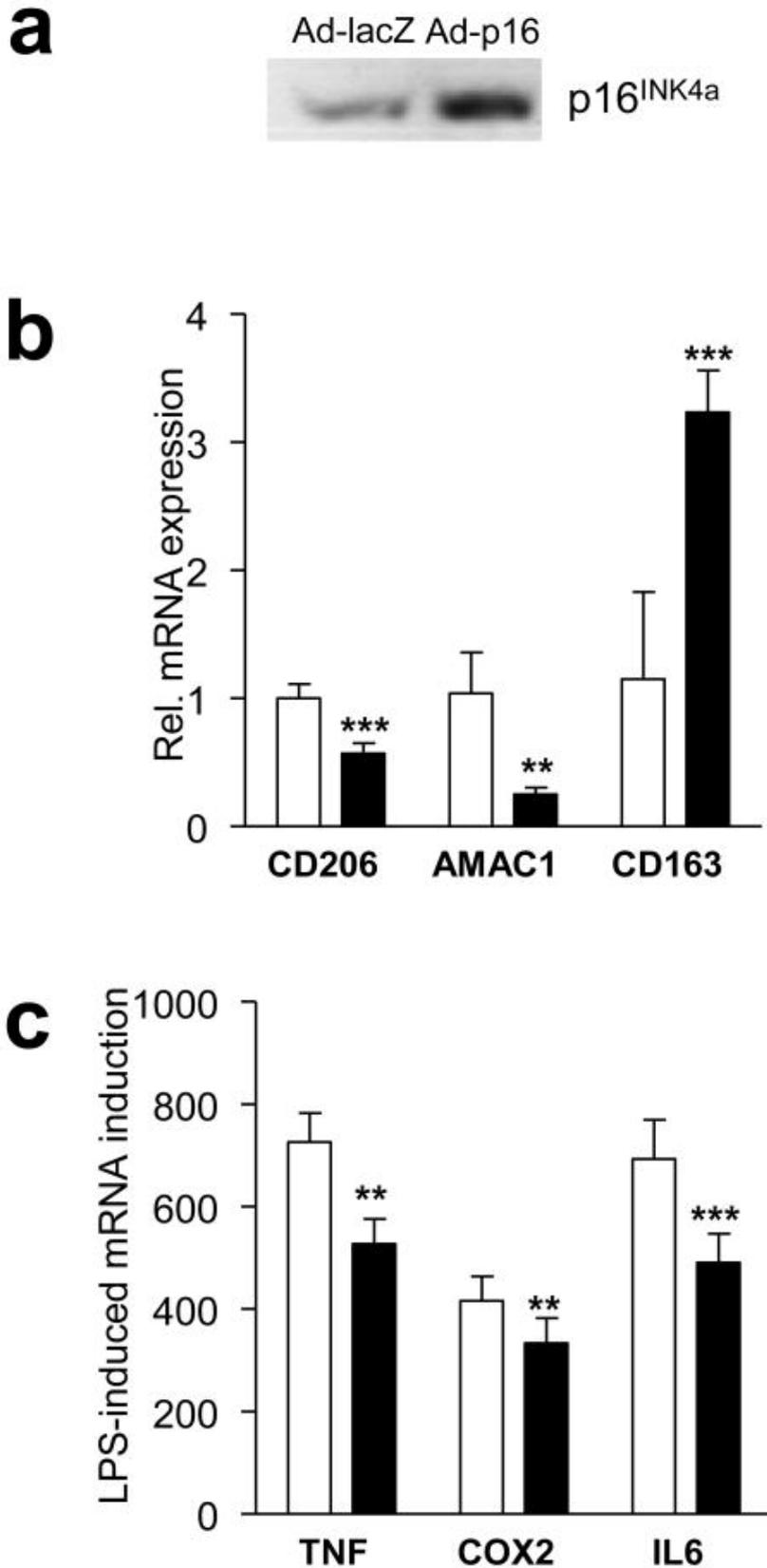
**Fig. 2**

Inhibition of p16<sup>INK4A</sup> levels in MDMs induces a phenotype resembling that of human ATMs. Western blot of p16<sup>INK4A</sup> protein in MDMs transfected with either control scrambled or siRNA targeting *CDKN2A* (a) and with or without LPS treatment (b). c After siRNA transfection, mRNA was isolated and expression of *CD206*, *AMAC1*, *CD163* was quantified by quantitative RT-PCR. d MDMs were treated with LPS for 2 h, RNA was isolated and expression of *TNF*, *COX2*, and *IL6* was quantified by quantitative RT-PCR. e TNF protein was measured by ELISA in the supernatant fraction 24 h after LPS treatment. Statistically significant differences are indicated (*t* test; \*\*\**p*<0.001, \**p*<0.01 and \**p*<0.05). Scr, control scrambled, white bars; Si-p16, siRNA targeting *CDKN2A*, black bars



**Fig. 3**

Overproduction of p16<sup>INK4A</sup> in MDMs diminishes M2 polarisation and the LPS-induced inflammatory response. MDMs were infected with either control LacZ or p16<sup>INK4A</sup>. **a** p16<sup>INK4A</sup> protein was detected by western blot. **b**, **c** After infection, mRNA was isolated and expression of *CD206*, *AMAC1* and *CD163* (**b**) or LPS-induced *TNF*, *COX2* and *IL6* (**c**) was quantified by quantitative RT-PCR. Statistically significant differences are indicated (*t* test; \*\*\**p*<0.001 and \*\**p*<0.01). Ad-LacZ, MDMs infected with control lacZ, white bars; Ad-p16, MDMs infected with p16<sup>INK4A</sup> adenovirus, black bars



**Fig. 4**

p16<sup>INK4A</sup> interferes with TLR4 signalling upstream of NFκB. MDMs were infected with either control lacZ or p16<sup>INK4A</sup> adenovirus and treated with LPS for 1 h. Signalling pathways were investigated by western blot, using the antibodies indicated. Ad-LacZ, MDMs infected with control lacZ; Ad-p16, MDMs infected with p16<sup>INK4A</sup> adenovirus. P-, phospho

