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Lipid bloated subretinal microglial cells are at the origin of Drusen appearance in CX3CR1 deficient mice

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Abstract

Drusen, the white yellowish deposits that can be seen in funduscopy, are a hallmark of age related macular disease (AMD). Histologically, drusen are believed to be dome-shaped or more confluent lipid accumulations between the retinal pigment epithelium and the choroicapillaries. Recent advances in mouse fundoscopy have revealed the presence of drusen-like structures in chemokine knockout animals in the absence of sizeable dome-shaped material below the RPE. We show that aged CX3CR1^-/- mice present with drusen-like appearance in funduscopy that is associated with a progressive age-related microglial cell (MC) accumulation in the subretinal space. We demonstrate that the anatomical equivalent of the drusen-like appearance in these mice are lipid bloated subretinal MCs rather than sub-RPE deposits (1).

Introduction

Age-related macular degeneration (AMD) is the leading cause of vision loss in elderly people in the industrialized countries (2). Its most prominent pathologic features are lesions involving the retinal pigment epithelium (RPE) and Bruch’s membrane (BM), photoreceptor degeneration and, in the most aggressive cases, choroidal neovascularization (CNV) (3). Early AMD is characterized by the excessive presence of yellowish white subretinal deposits called drusen, located on BM, partially covered by the RPE and clinically visible with funduscopy (3, 4). Drusen are composed of lipids and glycoproteins contain numerous degenerating organelles (5), and are believed to be formed by extracellular deposit of materials or by transformed degenerating RPE cells (6). Controversy continues to surround their pathogenesis, as well as the causes of AMD. Some of the features of human AMD have been observed in transgenic mouse models. Notably CCL2 and CCR2 deficiency led to an age dependent appearance of yellowish drusen-like spots in funduscopy in the absence of dome-
shaped sub-RPE debris of an equivalent size (7). We recently demonstrated that CX3CR1 deficiency leads to subretinal MC accumulation that is associated with cardinal features of AMD (1). In these mice, drusen-like funduscopical appearance was caused by intracellular lipid accumulation in bloated subretinal microglial cells.

**Results**

**Subretinal MC (SrMC) accumulate in CX3CR1<sup>−/−</sup> mice with age**

We have previously shown that green fluorescent (GFP) subretinal MCs progressively accumulate in CX3CR1<sup>GFP/GFP</sup> mice (1) compared to CX3CR1<sup>+/GFP</sup> mice. On RPE flatmounts of 18-month-old CX3CR1<sup>+/+</sup> mice (Fig. 1A), CD11b-positive SrMC were seen occasionally, as previously reported (8). In contrast in CX3CR1<sup>−/−</sup> mice, subretinal MC juxtaposed to RPE (Fig. 1B) accumulated significantly (Fig. 1C) similar to CX3CR1<sup>GFP/GFP</sup> mice.

**Drusen observed in CX3CR1 knockout mice are subretinal bloated MC.**

Subretinal deposits are characteristic in AMD. Funduscopy of senescent CX3CR1<sup>+/+</sup> (Fig. 2A) and CX3CR1<sup>+/−</sup> (Fig. 2B) mice showed that all the CX3CR1<sup>+/−</sup> mice had numerous drusen-like yellow nodular deposits in the deep layer of the retina. To characterize in more detail the anatomical structure that produced this drusen-like appearance in funduscopy in CX3CR1<sup>+/−</sup> mice, we “flatmounted” the eyes, thus exposing the RPE monolayer. The RPE monolayer of CX3CR1<sup>+/+</sup> animals, observed in tangential white light, appeared regular and smooth (1). In contrast, in CX3CR1 knockout mice, examination of the monolayer showed elevated white spots (Fig. 2C). Higher magnification revealed the intracellular location of this white material in bloated CD11b positive cells (Fig 2D green fluorescence) adjacent to the RPE cell monolayer (phalloidin stain in red). These intracellular yellowish white deposits were present only in CD11b positive cells and histological serial sections of drusen-bearing eyes revealed no significant dome-shaped sub RPE deposits (data not shown). These
subretinal ramified cells were also positive for the specific MC marker 5D4 (data not shown) and very similar to the GFP-positive cells previously described in CX3CR1<sup>GFP/GFP</sup> mice (1). Not all subretinal MC were bloated, but only the bloated cells appeared drusen-like on RPE flatmounts.

**Subretinal bloated MCs contain multiple lipid droplets and OS derived debris.**

Ultrastructural analysis of senescent CX3CR1<sup>−/−</sup> eyes by transmission electron microscopy confirmed the presence of subretinal cells between the outer segment (OS) and the RPE cells (Fig. 3A), which contained intracellular lipid deposits and remnants of OS (Fig. 3B), typically observed in RPE cells (9) as previously described (1).

**Discussion**

In CX3CR1-deficient mice, MC accumulated subretinally significantly in CX3CR1<sup>−/−</sup> mice compared to CX3CR1<sup>+/+</sup> mice. A subset of these subretinal MCs appeared bloated with white intracellular material. Electron microscopy revealed the presence of intracellular lipid droplets that might explain the white appearance of the intra-cellular accumulation. Furthermore partially digested OS in phagosomes were found in the subretinal MCs that can usually only be seen in RPE cells. It is intriguing to speculate that the intracellular lipid accumulation in subretinal MCs occurs secondary to excessive ingestion of OS by the subretinal MCs. As bloated subretinal MCs can also be found in the human disease (10) (1), one can not exclude that bloated subretinal MC contribute to some extent to the drusen appearance in human AMD. Furthermore, one might speculate that the rounded contours and steeply sloping sides characteristic of drusen (6) may derive in part from degenerating bloated MC that are subsequently covered by RPE cells. Supporting this theory is the fact that drusen contain numerous degenerating organelles (5), the origin of which may be degenerating retinal MCs. Supporting the hypothesis that degenerating MCs contribute to drusen formation
is the fact that CX3CR1 deposits can be found in drusen in AMD patients (1). Similarly
drusen deposits have been reported to contain apolipoprotein E, complement factors, major
histocompatibility complex (MHC) and amyloid oligomers (6, 11-14). Activated MCs express
ApoE (15), complement factors (16), MHC (17) and the beta-amyloid precursor protein (18)
and might be the source of these proteins found in Drusen. MC can also be a major source of
oxidative stress through respiratory bursts (19) that can cause the oxidative protein and lipid
modifications which are typical for Drusen (20).

In summary, our results suggest that drusen-like appearance in CX3CR1 knockout
animals and possibly in other mice are by in large caused by subretinal lipid-bloated MCs.
Our study challenges the longstanding paradigm of drusen genesis as the gradual
accumulation of extracellular debris from the RPE and choroid. We propose that subretinal
MC accumulation might play a key role in drusen formation in AMD, where lipid bloated
subretinal MCs can be found (1, 10).

Materials and methods

Animals

CX3CR1−/− mouse strain on C57BL/6 background and their controls were kept in
specific pathogen-free conditions with food and water available ad libitum and housed in a
12/12 hr light/dark (100-500 lux) cycle. Animal experiments were approved by the
Institutional Animal Care and Use Committee.

Fundus photography

Mice were anesthetized by intramuscular injection of ketamine (50 mg/kg) and
xylazine (10 mg/kg). Pupils were fully dilated with 1% tropicamide or 1% atropin. Coverslips
positioned on the mouse cornea were used as a contact glass. Fundus photographs were taken
with a digital camera mounted on an ophthalmic operating microscope (Zeiss).
Immunohistochemistry.

Antibodies used were rat monoclonal anti-CD11b (Serotec) and Rhodamine Phalloidin (Molecular Probes). The corresponding Alexa Fluor 488-conjugated secondary antibody (Molecular Probes) was used to reveal the primary antibody and sections were counterstained with 4-6-diamino-2-phenylindole (DAPI). Flatmounts were viewed with a fluorescence microscope (BX51; Olympus).

Choroidal flatmounts and SrMC quantifications

Eyes were enucleated, fixed in 4% PFA for 15 minutes at room temperature and sectioned at the limbus; the cornea and lens were discarded (for CNV, mice were perfused with Fluorescein Dextran 10⁶ before enucleation). The retinas were carefully peeled from the RPE/choroid/sclera. Retinas and choroids were fixed for an additional 15 minutes in methanol at –20°C and incubated with the indicated primary and secondary antibodies. The choroids and retinas were radially incised, flatmounted and viewed with a fluorescence microscope (BX51; Olympus). For RPE flatmount photographs, tangential white light was applied by placing the light-conducting glass fibers of a KL2500LCD Schott lamp directly over the coverslip, next to the objective. SrMC were counted on CD11b stained whole RPE/choroidal flatmounts up to the ciliary body and on the outer segment side of the retina. The surface of the RPE was measured and SrMC density calculated.

Electron microscopy

For electron microscopy, eyes were fixed in 2.5% glutaraldehyde of cacodylate buffer (0.1 M, pH 7.4). After 1 hour, eyeballs were dissected, fixed for another 3 hours, post-fixed in 1% osmium tetroxide in cacodylate buffer, and dehydrated in graduated ethanol solution. The samples were included in epoxy resin and oriented. Ultrathin sections (80 nm) were stained for contrast with uranyl acetate and lead citrate and were observed in a JEOL 100 CX II electron microscope (JEOL, Tokyo, Japan) with 80 kV.
Statistical Analysis

Graph Pad Prism 4 (GraphPad Software) was used for data analysis and graphic representation. All values are reported as mean ± SEM. Statistical comparisons used unpaired two-sample $t$-tests for means and Mann-Whitney U tests. Significance was set at $p < 0.05$.

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References


Figure legends:

Figure 1: Subretinal MC accumulate in CX3CR1\textsuperscript{+/−} C57BL/6 mice with age

RPE flatmounts of aged mice show a strong accumulation of subretinal MC in CX3CR1\textsuperscript{+/+} (A) and CX3CR1\textsuperscript{−/−} mice (B). Quantification of subretinal CD11b-positive cells on RPE flatmounts reveals that subretinal MC accumulate progressively in CX3CR1\textsuperscript{−/−} mice and are significantly more numerous than in CX3CR1\textsuperscript{+/+} mice (C). Experiments were performed on 5 eyes from different mice per group. *, P < 0.05. CX3CR1\textsuperscript{+/+} (+/+) in white columns and CX3CR1\textsuperscript{−/−} (−/−) in black columns. Scale bars: 50 µm.
Figure 2: Drusen observed in CX3CR1 knockout animals are bloated subretinal MC

Comparison of fundus photos and micrographs of a retinal pigment epithelium (RPE) flatmount in tangential light of 1-year-old CX3CR1\(^{+/+}\) (A) and CX3CR1\(^{-/-}\) mice (B) reveals multiple drusen in CX3CR1\(^{-/-}\) mice. Close-up of a drusen (arrow) in a CX3CR1\(^{-/-}\) mouse in tangential light (C) superposed with CD11b-positive (green, phalloidin in red, and DAPI blue) subretinal ramified cell (D, E tangential light and DAPI merged) on RPE flatmounts.
Figure 3: Subretinal bloated MCs contain multiple lipid droplets and OS derived debris.

Electron microscopy of the RPE/outer segment interface (A) in CX3CR1⁻/⁻ mice reveals subretinal cell (star) with multiple intracellular debris accumulation, juxtaposed to the RPE cell layer. Close ups revealed typical lipid droplet appearance (B) and intra-phagosomal OS remnants (C). Scale bars: 50 µm and as indicated (F). OS: outer segments; RPE: retinal pigment epithelium; BM: Bruch’s membrane; CH: choroid.