Effect of chest X-rays on the risk of breast cancer among BRCA1/2 mutation carriers in the international BRCA1/2 carrier cohort study: a report from the EMBRACE, GENEPSO, GEO-HEBON, and IBCCS Collaborators’ Group.


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Effect of chest X-rays on the risk of breast cancer among BRCA1/2 mutation carriers in the IBCCS Study

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* See list in Appendix A
Acknowledgements

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Running Head: X-Rays in BRCA Carriers
Abstract

PURPOSE: Women who carry germ-line mutations in the BRCA1 and BRCA2 genes are at greatly increased risk of breast cancer (BC). Numerous studies have shown that moderate to high doses of ionizing radiation are a risk factor for breast cancer. Because of the role of the BRCA proteins in DNA repair we hypothesized that BRCA carriers might be more sensitive to ionizing radiation than women in the general population. SUBJECTS AND METHODS: A retrospective cohort study of 1601 female BRCA1/2 carriers was performed. Risk of breast cancer from exposure to chest X-rays as assessed by questionnaire data was analyzed using a weighted Cox proportional hazards model. RESULTS: In this cohort, any reported exposure to chest X-rays was associated with an increased risk of BC (Hazard Ratio (HR)=1.54, P=.007). This risk was increased in carrier women aged 40 and younger (HR=1.97, P<.001), and in women born after 1949 (HR=2.56, P<.001), particularly those exposed only before age 20 (HR=4.64, P<.001). CONCLUSION: In our series of BRCA carriers we detected a relatively large effect on BC risk with a level of radiation exposure that is at least an order of magnitude lower than in previously studied medical radiation exposed cohorts. Although part of this increase may be attributable to recall bias, the observed patterns of risk in terms of age at exposure and attained age are consistent with those found in previous studies. If confirmed, the results have important implications for the use of X-ray imaging in young BRCA1/2 carriers.
Introduction

Exposure to ionizing radiation has been shown to be associated with a significant, but at low doses, usually modest increase in BC risk (reviewed recently in 1). Epidemiological studies of atomic bomb survivors such as the Life Span Study (LSS) and of medically irradiated populations show increased risks of female breast cancer, with relative risks ranging from near 1 to 4.3 at Gy $^{2-11}$. Most of the information about patterns of risk over time comes from studies of populations who received relatively moderate to high doses of radiation to the breast. The relative risks of BC for women exposed to external doses of ionizing radiation in childhood and adolescence are substantially higher than for those exposed as adults. $^{3-9}$

Results of a recent combined analysis of data from atomic bomb survivors and seven medically exposed cohorts $^{3}$ indicate clearly that, while radiation exposure at any age increases breast cancer risk, the relative and absolute excess risks tend to decrease with increasing age at exposure $^{3,5,7}$. The increased risk of BC starts to be observed 10 to 15 years after exposure, with relative risks decreasing as a function of attained age after reaching a peak, usually between age 30 and 40. $^{3,5,7}$ A study of children exposed repeatedly to X-rays for monitoring of the curvature of the spine for scoliosis, has suggested that adolescence, when breast tissue is developing, is a vulnerable time for carcinogenic exposures $^{11}$. However, little, if any data are available on the risks due to routine, occasional X-rays in the general population.

The discovery of the BRCA1 and BRCA2 genes has facilitated the identification of a cohort of individuals at particularly high risk of this disease, with risks of breast cancer estimated to be 65% and 45% by age 70 years for BRCA1 and BRCA2 mutation carriers, respectively $^{12}$. Identification of genetic or lifestyle factors that modify the risks conferred by BRCA mutations could allow more precise counseling of the individual woman at risk; identification of avoidable modifiers of the genetic risk could provide at-risk women with a means of lowering their BC risk.
Accumulating evidence suggests a role for the BRCA proteins in various processes of DNA repair, including repair of double-strand breaks by homologous recombination\textsuperscript{13-14}. Although these mechanisms have been primarily studied in BRCA nullizygous cells, there is now evidence that DNA damage repair in cells heterozygous for BRCA mutations is impaired. Indeed, studies have demonstrated a reduced fidelity of double-strand break end-joining in BRCA\textsuperscript{1+/-} cells compared to controls\textsuperscript{15} and an increased radio-sensitivity and high level of micronuclei formation were observed in BRCA\textsuperscript{1+/-} and BRCA\textsuperscript{2+/-} lymphoblasts and lymphocytes.\textsuperscript{16-17} We hypothesized that the presence of mutations in these genes could enhance the radiation-associated increase in breast cancer risk in young women following exposure to ionizing radiation. To our knowledge, this is the first epidemiological study to examine the effects of exposure to low-doses (<100 mGy) of ionizing radiation in this group of high-risk women.

**Subjects and Methods**

**Study Group**

The International BRCA1/2 Carrier Cohort Study (IBCCS) was initiated in 1997 as a collaborative European prospective study of women carrying a deleterious mutation in BRCA1 or BRCA2. In order to be eligible for the IBCCS subjects must be a carrier of a disease-predisposing mutation in either BRCA1 or BRCA2, over age 18, and have been counseled as to their mutation status. Details of the design and rationale of the study can be found in \textsuperscript{18}.

The present retrospective analyses were based on a sample of 1601 women with proven BRCA1 (1187, 74%) or BRCA2 (414, 26%) mutations that were recruited into the IBCCS study during the period 1997-2002. These women were recruited at European centers, with the exception of 88 subjects from Quebec, Canada. About two-thirds (1064/1601) of
subjects were participants in large ongoing national studies of BRCA carriers in the United Kingdom and Ireland (EMBRACE), Netherlands (GEO-HEBON), and France (GENEPSO). A standardized questionnaire was administered to each participant, primarily (~85% of subjects) by mail. The research protocol was approved by the relevant ethics committees, and all participants provided written informed consent.

Exposure to chest X-rays (not including mammograms, which were assessed in a subsequent part of the questionnaire) was assessed first as ever/never. For subjects that indicated such exposure, more specific information was requested relating to the number of such X-rays received before age 20 and after age 20 (0, 1-4, or >=5 X-rays in each of the two age periods). These two variables were combined to create a measure related to age at exposure (before age 20 only; after age 20 only; and one or more X-rays in both periods) and another related to level of X-ray exposure (at least one period with a maximum of 4 X-rays and no period with 5+ X-rays; at least one period with 5+ X-rays). In the EMBRACE study, subjects reported the total number of X-rays they had undergone, but did not provide information about age periods; thus the data from the UK and Ireland could only be included in the analysis of ever vs. never X-ray exposure, and are excluded from the more detailed analyses of exposure.

Statistical Methods

The data presented here were analyzed using a modified Cox proportional hazards model. Although standard Cox regression provides a valid test of the association between a risk factor and breast cancer, it may not give an unbiased estimate of the hazard ratio because the subjects in this study were taken from high-risk families qualifying for genetic testing. The disease status of the individuals may thus have affected the likelihood of ascertainment leading to an over-sampling of affected individuals. To correct for this potential bias, the Cox
regression analyses were performed using a weighted Cox regression approach\textsuperscript{19}, where individuals are weighted according to gene, age group, and birth cohort (<1950, >1949) such that the observed BC incidence rates in the study sample are consistent with established BC risk estimates for BRCA1 and BRCA2 carriers\textsuperscript{12}. This approach leads to estimates that are close to unbiased, but with some loss of power compared to the standard unweighted approach. There were a total of 65,675 individual person-years of observations, each corresponding to a single year of observation time starting at birth. All analyses were stratified by subjects’ year of birth (<1940, 1940-1949, 1950-1959, 1960+) and four country groupings roughly delineated along geographic lines, except for Quebec (group 1: Austria, Belgium, Germany, Holland, Hungary; group 2: Iceland, Denmark, Sweden; group 3: France, Spain, Italy, Quebec; group 4: United Kingdom, Ireland). As only parity and oophorectomy were significantly related to breast cancer in our data, the analyses were adjusted for these factors (parity: 0,1,2,3,4+; oophorectomy: yes/no) as time-dependent covariates. Because the dataset included multiple members of the same families, all analyses were performed using robust variance estimators clustering on family membership to account for familial correlations in the risk factors.\textsuperscript{20} Missing values were coded as an additional level to include as many subjects as possible for the adjustment factors. Of the 65,675 person years, 55,673 (85\%) contributed data to the analysis of ever/never exposure and 36,046 (55\%) were available for inclusion in the analysis of the more detailed exposures.

In order to better exclude potential survival bias resulting from some women being interviewed a long time after their BC diagnosis, a second set of analyses was performed on individuals diagnosed/censored within the five years prior to or at their interview, with follow-up being counted only during this five year period, and with a new set of weights calculated only for this period. This ‘pseudo-incident’ cohort contained a total of 969 subjects (295 affected, mean age at diagnosis 43.3 years) and 4,070 total person-years. All statistical analyses were performed using the STATA version 8 statistical package (Stata Corporation, College Station TX).
Role of the funding source

The funding sources providing support for the IBBCS study had no role in the design, data collection, and analysis of the data described in this manuscript, and had no role in the writing of the manuscript and the decision to submit the paper for publication.

Results

Characteristics of the entire and ‘pseudo-incident’ cohorts are described in table 1. Eight-hundred-seventy-nine women had been affected with BC at the time of their interview, though only 853 of these were considered as affected in this analysis as 26 cases had BC following a previous cancer (mostly ovarian). The remaining 748 women were censored at: age at diagnosis with ovarian cancer (122 subjects); age at diagnosis of another cancer (16); the age at which they underwent prophylactic bilateral mastectomy (31); or age at interview (579 subjects). The average age at censoring for the 748 subjects without BC was 41.4 years, similar to the age at diagnosis of the cases, although the age at interview was substantially older for the BC cases, reflecting the pattern of genetic testing among participants.

The estimated risks from both the standard unweighted and the weighted Cox regressions for ever/never exposure to X-rays are summarized in table 2. Overall, any exposure to chest X-rays was associated with a significant increase in risk in both the entire (HR=1.54, P=.007) and ‘pseudo-incident’ cohorts (HR=1.75, P=.020). Table 2 also shows results of these analyses stratified by attained age (≤40 vs. >40), gene (BRCA1 vs. BRCA2), and year of birth (before 1950 vs. 1950+). Higher risks were found in women with attained age up to age 40 and in women born in 1950 or later, although these two categorizations are heavily confounded. In women born in 1950 or later, the relative risks of BC associated with any exposure to X-ray were particularly striking (HR=2.57, P=.002), while in the pseudo-incident
cohort young women had a particularly high risk (HR=2.75, P<.001). Table 3 describes the results of the different periods and levels of exposure. Although some power is lost due to the exclusion of the UK/Ireland subjects, in all analyses the estimated hazard ratios were significantly higher (all P<.05) among those reporting more than four X-rays in at least one age period than those reporting no more than 1-4 X-rays. Similarly, the hazard ratio in women who reported having X-rays only after age 20 was consistently lower that those who had X-rays before age 20. A markedly increased risk of BC was observed for women born after 1949 exposed only before age 20 compared to those never exposed (HR=4.64, 95% CI 2.2 – 10.9, P<.001). Comparable results for the 'pseudo-incident' cohort are shown in table 4 and also demonstrate the highly increased BC risk for women exposed before age 20 (HR=5.21), although the sample size is quite small for these analyses. We did not observe any clear differences in the effect of X-ray exposure between BRCA1 and BRCA2 carriers, with BRCA2 carriers (table 2) having a larger effect in the overall cohort, while BRCA1 carriers had a slightly larger effect in the 'pseudo-incident' cohort, although in this latter analysis the number of BRCA2 carriers is quite small.

Discussion

These results suggest that diagnostic ionizing radiation exposure from chest X-rays may be associated with a significant breast cancer risk among women who carry a deleterious germline mutation in the BRCA1 and BRCA2 genes. Although our measures of radiation exposure are imprecise in number and timing, it is certain that the ionizing radiation dose in these women from routine chest X-rays is at least an order of magnitude lower than that found in the other radiation-exposed cohorts studied to date. The average dose incurred in the scoliosis cohort is on the order of 100 mSv.\(^1\) A pooled analysis of eight radiation exposed cohorts\(^3\) estimated a relative risk of ~2.0 at a dose of 1 Gy (=1000mGy) assuming age at exposure of 25. Although dose estimates to the breast from an ordinary chest X-ray vary depending on time period, country and use of fluoroscopy, it is on the order of 0.5mGy\(^2\).
Thus even in women who reported a large number of X-rays, the total radiation dose to the breast is unlikely to exceed 10-20 mGy. This corresponds to a predicted relative risk of <1.02 based on the model cited above, which is substantially less than the lower 95% confidence limits from our analyses. Thus, a statistically significant increase in the risk of BC was seen in this population of BRCA1/2 carriers at a level of dose considerably lower than that at which increases have been noted in populations of other (i.e., largely non-carrier) cohorts.

These results must be interpreted with caution, however, as the magnitude of the observed effect is likely to be affected by differential recall of X-ray exposure between affected and unaffected women, and it will be important to confirm these results in prospective studies that avoid such biases. However, it is unlikely that recall bias entirely explains the observed increase: we found no risk associated with another exposure, alcohol consumption at age 20, that might also be subject to such recall bias (HR=1.06, 95% CI 0.8-1.3), nor did we see an effect of chest X-ray exposure in comparing women with ovarian cancer (n=124) to unaffected women (HR=1.26, 95%CI 0.8-2.1). Further, although the accuracy of the self-reported assessment of past diagnostic exposures could not be checked in our study, it is noteworthy that at least three studies have examined this issue by comparing self-assessment to medical records\textsuperscript{21-23}. All three reports show that while there was a certain amount of disagreement between medical records and interview exposure measures, this misclassification was largely non-differential between cases and controls.

Finally, the apparent relationships with increasing numbers of X-rays and age at exposure, and the consistency of the results in both the whole and ‘pseudo-incident’ cohorts, also lend credibility to the finding of an increased breast cancer risk following low doses of radiation in BRCA mutation carriers. Indeed, despite the crude measures of exposure as assayed in our questionnaire, the pattern of risks observed in our study is consistent with what is known about the effects of radiation on breast cancer in other exposed populations. In this study, X-ray exposure before age 20 was associated with a higher risk than a similar exposure
after age 20, and in general, higher numbers of X-rays were associated with a higher breast
cancer risk. Surprisingly, women exposed during both age periods were at an intermediate
risk, and as this is biologically implausible, further studies are needed to clarify this effect.
We also found that the relative risk was greater in the period up to age 40, particularly in
those only exposed before age 20, a pattern consistent with the reports on atomic bomb
survivors\(^\text{5,7}\) and data observed in patients irradiated as treatment for Hodgkin’s disease.\(^\text{24}\)
Moreover, when finer age groups are considered, we see a clear pattern, with estimated
HRs of 2.26, 1.72, 1.36, and 1.04 for the risk periods <36, 36-40, 41-50 and >50
respectively. We also observed a strong effect of birth cohort, with no significant increased
BC risk observed for women born before 1950. It should also be noted that it is only in the
recent birth cohorts that substantial numbers of women report having no X-rays; half of the
women reporting having had no X-rays were born in 1960 or later.

Based on the large increased risk of early onset breast cancer in the LSS study cohort and in
cohorts of HD survivors, it has been postulated that the excess BC cases in this group may be
occurring in a small genetically susceptible subset of the entire exposed population.\(^\text{1,24}\) Given the
role of \(\text{BRCA1}\) and \(\text{BRCA2}\) in DNA double-strand break repair, BRCA1/2 mutation carriers are
strong candidates for such susceptible individuals, with even a relatively modest increase in
radiation-induced damage having a substantial impact on breast cancer risk. The results of this
study appear to be entirely consistent with this hypothesis and at least one other study has
reported an increased breast cancer risk among women with a family history of breast cancer
following relatively low ionizing radiation exposure\(^\text{25}\). It should be noted however, that another
study\(^\text{26}\) has tested a small series of breast cancer cases occurring following very high doses of
radiation for treatment of Hodgkin’s disease for mutations in \(\text{BRCA1}\) and \(\text{BRCA2}\), and identified
only a single \(\text{BRCA2}\) germ-line mutation.

The results from this study raise potentially significant clinical considerations. The absolute
risk of breast cancer by age 50 is of the order of 40% in \(\text{BRCA1}\) carriers and 15% in \(\text{BRCA2}\)
A two- to three-fold increased risk associated with exposure to chest X-rays, would imply that there are subgroups of women defined by their X-ray exposure history that are at substantially higher risk and others who are at reduced risk compared to the population of carriers as a whole. If an increased risk were to be confirmed, however, these results would have implications regarding the appropriate use of medical imaging in carriers at young ages. Thus, in young members of BRCA families, a careful risk-benefit analysis is needed before deciding on a diagnostic procedure that delivers a relatively high dose of ionizing radiation exposure to the breast such as a CT scan, or multiple X-rays. The results presented here also raise the issue of the potential risks from mammographic screening, which is often used to screen BRCA carriers starting in their 30s. Unfortunately, the analysis of the effect of mammographic exposure on breast cancer risk is likely to be biased in retrospective studies due to its obvious relationship to diagnosis, and accordingly, a prospective study of mutation carriers with detailed mammographic exposure history with adjustment for confounding variables (e.g. family history) is a priority.

In conclusion, this study indicates a potentially important association between radiation exposure through chest X-rays and breast cancer risk in BRCA1/2 carriers, of greater magnitude than that seen in the general population. Although the magnitude of this risk cannot be evaluated with any precision due to the likely effects of recall bias, the pattern of risk with age and dose is similar to that in other radiation-exposed cohorts, which provides plausibility to these findings. Nevertheless, confirmation of these results with more detailed exposure data, preferably in a prospective study, is required before definite clinical recommendations can be made.
Table 1. Characteristics of the study population.

<table>
<thead>
<tr>
<th></th>
<th>Whole Cohort</th>
<th>'Pseudo-incident' Cohort</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>All Women</td>
<td>With BC</td>
</tr>
<tr>
<td>Number of Subjects</td>
<td>1601</td>
<td>853</td>
</tr>
<tr>
<td>BRCA1 (%)</td>
<td>1187 (74%)</td>
<td>602 (71%)</td>
</tr>
<tr>
<td>BRCA2 (%)</td>
<td>414 (26%)</td>
<td>251 (29%)</td>
</tr>
<tr>
<td>Age at Interview Mean (sd)</td>
<td>46.7 (12.0)</td>
<td>50.1 (10.7)</td>
</tr>
<tr>
<td>Age at Diagnosis/Censoring Mean (sd)</td>
<td>41.5 (10.1)</td>
<td>41.6 (9.0)</td>
</tr>
<tr>
<td>by age group:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;30</td>
<td>170 (11%)</td>
<td>65 (8%)</td>
</tr>
<tr>
<td>30-39</td>
<td>604 (38%)</td>
<td>347 (41%)</td>
</tr>
<tr>
<td>40-49</td>
<td>522 (33%)</td>
<td>296 (35%)</td>
</tr>
<tr>
<td>50-59</td>
<td>234 (15%)</td>
<td>118 (14%)</td>
</tr>
<tr>
<td>60+</td>
<td>71 ( 4%)</td>
<td>27 ( 3%)</td>
</tr>
<tr>
<td>Year of Birth</td>
<td>&lt;1940</td>
<td>1940-1949</td>
</tr>
<tr>
<td>--------------</td>
<td>-------</td>
<td>-----------</td>
</tr>
<tr>
<td>Year of Birth</td>
<td>223 (14%)</td>
<td>151 (18%)</td>
</tr>
<tr>
<td></td>
<td>356 (22%)</td>
<td>232 (27%)</td>
</tr>
<tr>
<td></td>
<td>494 (31%)</td>
<td>296 (35%)</td>
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<td></td>
<td>528 (33%)</td>
<td>174 (20%)</td>
</tr>
<tr>
<td>Country Group^a</td>
<td>358 (22%)</td>
<td>179 (21%)</td>
</tr>
<tr>
<td>Country Group^a</td>
<td>171 (11%)</td>
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<td>Country Group^a</td>
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<td>299 (35%)</td>
</tr>
<tr>
<td>Country Group^a</td>
<td>542 (34%)</td>
<td>294 (34%)</td>
</tr>
<tr>
<td>Chest X-Ray: Ever/Nevert</td>
<td>None</td>
<td>&gt;=1</td>
</tr>
<tr>
<td>Chest X-Ray: Ever/Nevert</td>
<td>398 (25%)</td>
<td>970 (61%)</td>
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<td>Chest X-Ray: Ever/Nevert</td>
<td>143 (17%)</td>
<td>594 (70%)</td>
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<td>255 (34%)</td>
<td>376 (50%)</td>
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<td>279 (29%)</td>
<td>534 (55%)</td>
</tr>
<tr>
<td>Chest X-Ray: Ever/Nevert</td>
<td>46 (16%)</td>
<td>199 (67%)</td>
</tr>
<tr>
<td>Chest X-Ray: Ever/Nevert</td>
<td>233 (35%)</td>
<td>335 (50%)</td>
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</table>

^a see text for definitions of groups.
Table 2. Risk of breast cancer (HR) associated with any exposure to X-rays compared with never exposed, in the whole cohort and in the 'pseudo-incident' cohort.

<table>
<thead>
<tr>
<th></th>
<th>Whole Cohort</th>
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<th>Pseudo-incident Cohort</th>
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<tr>
<td></td>
<td></td>
<td>Unweighted</td>
<td>Weighted</td>
<td>Unweighted</td>
<td>Weighted</td>
</tr>
<tr>
<td></td>
<td>Pyrs¹ BC² HR³ (95% CI)</td>
<td>HR (95% CI)</td>
<td>Pyrs¹ BC² HR³ (95% CI)</td>
<td>HR (95% CI)</td>
<td>Pyrs¹ BC² HR³ (95% CI)</td>
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<tr>
<td><strong>Whole Data Set</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ever vs. Never Exposure</td>
<td>55673</td>
<td>737</td>
<td>1.53***</td>
<td>1.54*</td>
<td>4065</td>
</tr>
<tr>
<td></td>
<td>(1.3 – 1.8)</td>
<td>(1.1 - 2.1)</td>
<td></td>
<td></td>
<td>(1.3 –2.5)</td>
</tr>
<tr>
<td>Stratified by:</td>
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<td></td>
<td></td>
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<td>Attained Age</td>
<td></td>
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<tr>
<td>≤ 40</td>
<td>49436</td>
<td>392</td>
<td>1.69***</td>
<td>1.97***</td>
<td>2436</td>
</tr>
<tr>
<td></td>
<td>(1.3 – 2.2)</td>
<td>(1.3 – 2.9)</td>
<td></td>
<td></td>
<td>(1.4 –3.7)</td>
</tr>
<tr>
<td>&gt;40</td>
<td>5500</td>
<td>345</td>
<td>1.34</td>
<td>1.27</td>
<td>1629</td>
</tr>
<tr>
<td></td>
<td>(1.0 –1.7)</td>
<td>(0.8 –1.8)</td>
<td></td>
<td></td>
<td>(0.9 –2.3)</td>
</tr>
<tr>
<td>Gene</td>
<td></td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>BRCA1 Carrier</td>
<td>41191</td>
<td>535</td>
<td>1.53***</td>
<td>1.42†</td>
<td>3130</td>
</tr>
<tr>
<td></td>
<td>(1.2 – 1.9)</td>
<td>(1.0 - 2.0)</td>
<td></td>
<td></td>
<td>(1.4 –3.1)</td>
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<td>BRCA2 Carrier</td>
<td>13947</td>
<td>202</td>
<td>1.68</td>
<td>2.33</td>
<td>935</td>
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<td></td>
<td>(1.2 – 2.5)</td>
<td>(1.1 – 5.0)</td>
<td></td>
<td></td>
<td>(0.7 –2.7)</td>
</tr>
<tr>
<td>Year of Birth</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td>----</td>
<td>----</td>
</tr>
<tr>
<td>&lt;1950</td>
<td>2363</td>
<td>321</td>
<td>1.11</td>
<td>1.17</td>
<td>880</td>
</tr>
<tr>
<td></td>
<td>3160</td>
<td>416</td>
<td>1.91</td>
<td>2.57</td>
<td>3185</td>
</tr>
<tr>
<td>≥1950</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
Number of person-years of observation (not including missing X-ray data)

Number of BC cases occurring in the specified cohort/subcohort (not including missing X-ray data)

Estimated Hazard Ratio, stratified by birth cohort and country group; analyses adjusted for parity and oophorectomy (yes/no).

- weighted analysis not performed on ‘pseudo-incident’ five-year cohort because no cohort-specific weights were available.

P-value for test HR=1: `P<.05 ; **P<.01 ; ***P<.001`
Table 3. Risk of breast cancer (HR) associated with time and level of exposure to X-rays using the weighted Cox regression analysis of the whole cohort (UK/Ireland data excluded).

<table>
<thead>
<tr>
<th></th>
<th>Whole Sample</th>
<th>Attained Age &lt;41</th>
<th>Born &gt;1949</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ever Exposure</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Never Exposed</td>
<td>Pyrs (BC)</td>
<td>1.00</td>
<td>Pyrs (BC)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(95% CI)</td>
<td></td>
</tr>
<tr>
<td>Never Exposed</td>
<td>9882 (95)</td>
<td>1.00</td>
<td>9033 (60)</td>
</tr>
<tr>
<td>≥ 1 X-Ray</td>
<td>26164 (377)</td>
<td>1.56 * (1.0 – 2.4)</td>
<td>23162 (200)</td>
</tr>
<tr>
<td><strong>Age at X-ray Exposure</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td>9882 (95)</td>
<td>1.00</td>
<td>9033 (60)</td>
</tr>
<tr>
<td>Before age 20 Only</td>
<td>2205 (34)</td>
<td>1.76 (0.9 – 3.4)</td>
<td>2002 (26)</td>
</tr>
<tr>
<td>After age 20 Only</td>
<td>4291 (57)</td>
<td>1.32 (0.8 – 2.3)</td>
<td>3668 (20)</td>
</tr>
<tr>
<td>Before &amp; after age 20</td>
<td>18365 (262)</td>
<td>1.60 (1.0 – 2.5)</td>
<td>16383 (144)</td>
</tr>
<tr>
<td><strong>Level of X-ray Exposure</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td>9882 (95)</td>
<td>1.00</td>
<td>9033 (60)</td>
</tr>
<tr>
<td>At least one period with 1-4 Xrays and no period with 5+ X-rays</td>
<td>9100 (103)</td>
<td>1.09 (0.7 – 1.7)</td>
<td>8191 (63)</td>
</tr>
<tr>
<td>At least one period with 5+ X-rays</td>
<td>15761 (250)</td>
<td>1.92 (1.2 – 3.0)</td>
<td>13862 (127)</td>
</tr>
</tbody>
</table>

1 Adjusted for parity and oophorectomy (yes/no), stratified by country group and birth cohort.

2 Ever/Never result included to provide a comparison with result in table 2 including the UK/Ireland data.

* P-value <.05 ; ** P<.01 ; *** P<.001
Table 4. Weighted Cox regression Analysis of combined X-ray exposure in the pseudo-incident cohort with follow-up beginning five years prior to interview. UK/Ireland data excluded.

<table>
<thead>
<tr>
<th>Exposure</th>
<th>Pyrs (BC)</th>
<th>HR(^1)</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age at X-ray Exposure</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td>773 (28)</td>
<td>1.00</td>
<td></td>
</tr>
<tr>
<td>Before age 20 Only</td>
<td>137 (12)</td>
<td>5.21(^{*})</td>
<td>(1.6 – 17.5)</td>
</tr>
<tr>
<td>After age 20 Only</td>
<td>256 (26)</td>
<td>1.91</td>
<td>(0.9 – 4.1)</td>
</tr>
<tr>
<td>Before &amp; after age 20</td>
<td>978 (88)</td>
<td>1.98(^{*})</td>
<td>(1.1 – 3.7)</td>
</tr>
<tr>
<td><strong>Level of X-ray Exposure</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td>773 (28)</td>
<td>1.00</td>
<td></td>
</tr>
<tr>
<td>At least one period with</td>
<td>705 (50)</td>
<td>1.76</td>
<td>(0.9 – 3.4)</td>
</tr>
<tr>
<td>1-4 Xrays ; and no period</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>with 5+ X-rays</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>At least one period with</td>
<td>666 (76)</td>
<td>2.69(^{*})</td>
<td>(1.4 – 5.3)</td>
</tr>
<tr>
<td>5+ X-rays</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

\(^1\) Adjusted for parity and oophorectomy (yes/no) , stratified by country group and birth cohort.

\(^{*}\) P-value <.05 ; \(^{**}\) P<.01 ; \(^{***}\) P<.001
References


10. Howe GR, McLaughlin J: Breast cancer mortality between 1950 and 1987 after exposure to fractionated moderate-dose-rate ionizing radiation in the Canadian


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