

1 **Argan oil prevents down-regulation induced by endotoxin on liver fatty**
2 **acid oxidation and gluconeogenesis and on Peroxisome Proliferator-**
3 **Activated Receptor Gamma Coactivator-1 α , (PGC-1 α), Peroxisome**
4 **Proliferator-Activated Receptor α (PPAR α) and Estrogen Related Receptor**
5 **α (ERR α)**

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30 **Keywords:** Argan oil; Beta-oxidation; Coactivator; Gluconeogenesis; Nuclear receptor.

31 **Abbreviations:** ACADS: acyl CoA dehydrogenase short-chain, ACADM: acyl CoA
32 dehydrogenase medium-chain, ACADL: acyl CoA dehydrogenase long-chain, AO: Argan oil,
33 ACOX1: acyl-CoA oxidase 1, ERR α : estrogen related receptor α , G6PH: glucose-6-
34 phosphatase, Glut2: glucose transporter 2, Glut4: glucose transporter 4, HNF-4 α : hepatic
35 nuclear factor-4 α , OO: Olive oil, LPS: lipopolysaccharide, PGC-1 α : peroxisome proliferator-
36 activated receptor γ coactivator-1 α , PEPCK: phosphoenolpyruvate carboxykinase, PPAR α :
37 peroxisome proliferator-activated receptor α .

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2 **Abstract:**

3 In patients with sepsis, liver metabolism and its capacity to provide other organs with
4 energetic substrates are impaired. This and many other pathophysiological changes seen in
5 human patients are reproduced in mice injected with purified endotoxin (lipopolysaccharide,
6 LPS). In the present study, down-regulation of genes involved in hepatic fatty acid oxidation
7 (FAOx) and gluconeogenesis in mice exposed to LPS was challenged by nutritional
8 intervention with argan oil. Mice given a standard chow supplemented or not with either 6%
9 (w/w) argan oil (AO) or 6% (w/w) olive oil (OO) prior to exposure to LPS were explored for
10 liver gene expressions assessed by mRNA transcript levels and/or enzyme activities. AO (or
11 OO) food supplementation reveals that, in LPS-treated mice, hepatic expression of genes
12 involved in FAOx and gluconeogenesis was preserved. This preventive protection might be
13 related to the recovery of the gene expressions of nuclear receptors peroxisome proliferator-
14 activated receptor α (PPAR α) and estrogen related receptor α (ERR α) and their coactivator
15 peroxisome proliferator-activated receptor gamma coactivator-1 α , (PGC-1 α). These
16 preventive mechanisms conveyed by AO against LPS-induced metabolic dysregulation might
17 add new therapeutic potentialities in the management of human sepsis.

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1 **1. Introduction:**

2 Bacterial infection is a common cause of sepsis, a pathological state inducing a severe
3 organ dysfunction and a high mortality rate, and requiring intensive care [1-3]. This acute
4 syndrome is associated with systemic inflammation and disturbed metabolism [4, 5]. During
5 bacterial infection, release in the host of endotoxins (lipopolysaccharides, LPS) from gram-
6 negative bacteria membrane generates a potent inflammatory cytokine response and severely
7 impairs lipid metabolism, inducing reduced serum high density lipoprotein (HDL), increased
8 plasma free fatty acids and triglycerides levels [3]. These metabolic changes are mainly
9 accounted for by enhanced hepatic triglyceride synthesis and adipose tissue lipolysis
10 combined with a drop in fatty acid oxidation (FAOx) in several tissues including heart,
11 kidney, liver and skeletal muscle [3, 6-10]. The downregulation of FAOx by LPS is correlated
12 with decreased expressions of the nuclear receptor Peroxisome Proliferator-Activated
13 Receptor (PPAR) α and its coactivator PPAR γ Coactivator (PGC)-1 α , which physiologically
14 work in concert to regulate FAOx-related gene expressions [11, 12]. In this respect, ligand-
15 dependent activation of the nuclear receptor PPAR α prompts its heterodimerization with
16 Retinoid X Receptor (RXR) α [13, 14]. The PPAR α /RXR α complex binds to PPAR α -response
17 elements (PPRE) of target genes which may code for mitochondrial and peroxisomal enzymes
18 involved in fatty acid β -oxidation pathways such as carnitine palmitoyl transferase 1 (CPT1a
19 and CPT1b), short-, medium-, long- and very long-chain acyl CoA dehydrogenases (ACADS,
20 ACADM, ACADL and ACADVL) [15-19], acyl-CoA oxidase 1 (ACOX1) [17, 20, 21] and
21 other proteins [12, 22]. On the other hand, Lipin-1, a phosphatidate phosphatase, has arisen as
22 an additional transcriptional co-regulator of PPAR α -PGC-1 α -directed gene expression [23].
23 Its interaction with PPAR α -PGC1 α complex promotes the induction of FAOx genes [24].
24 Beside PPAR α , estrogen related receptor (ERR) α ESRR α , an orphan nuclear receptor, has
25 been also shown to regulate energy metabolism gene expression [25, 26], particularly genes

1 involved in FAOx [27, 28]. This transcriptional regulation involves interaction with PCG-1 α
2 coactivator through a protein motif specifically dedicated to ERR α [29, 30]. In liver, another
3 interaction of PGC-1 α is also observed for hepatic nuclear factor-4 α (HNF-4 α) to control
4 genes coding gluconeogenesis proteins (phosphoenolpyruvate carboxykinase (PEPCK),
5 glucose-6-phosphatase (G6PH)) and glucose transporter 4 (Glut4) [31].

6 More than 20% of patients with sepsis develop liver dysfunction [1] and hence
7 dysregulation of hepatic metabolism and reduced energy supply for other organs. In mouse
8 models of sepsis, injection of purified LPS triggers many pathophysiological changes
9 resembling those described in human patients [32]. Though down-regulatory mechanisms by
10 which LPS impacts FAOx have been extensively studied, little attention has been actually
11 paid to mechanisms capable of preserving normal FAOx and inflammation status.
12 Interestingly, supplementation of parenteral nutrition with fish oil to patients, during the
13 postoperative period, revealed lowest levels of circulating inflammatory mediators [33-35].
14 Accordingly, polyunsaturated fatty acid-rich diet has been reported to reduce acute
15 inflammation and to promote anti-inflammatory process in mice [36]. Therefore, lipid
16 nutritional support might help the prevention of not only inflammatory damages but also
17 disrupted lipid homeostasis.

18 Argan edible oil (AO) is obtained by cold-pressure of roasted kernels from *Argania*
19 *spinosa* [L.] Skeels, a singular Mediterranean species growing in the southwestern region of
20 Morocco. Argan oil is used as a traditional food ingredient in the ‘Amazigh diet’, bringing
21 almost 25% of total diet fat intake to indigenous consumers [37]. Accordingly, early clinical
22 studies on argan oil reported a decrease in plasma low density lipoprotein-cholesterol (LDL-
23 cholesterol) and lipid hydroperoxides along with a rise in plasma tocopherol concentration
24 [38]. Health benefits of this delectable virgin oil have been highlighted by several studies
25 documenting its cardiovascular protective potential including hypocholesterolemic and

1 hypotriglyceridemic properties in consumer populations [39-41]. AO has been also shown to
2 reduce circulating LDL-cholesterol and ApoB and, in AO consumers, to increase HDL and
3 ApoAI [40, 41] whereas in human macrophages it increases HDL-mediated cholesterol efflux
4 and reduces LDL-lipid peroxidation [38, 39].

5 Therefore, in an attempt to test our hypothesis regarding the preventive effects of Argan
6 oil against LPS-induced FAOx downregulation, mice pretreated with AO were subsequently
7 injured by LPS to determine whether an experimental support may be or not given to this
8 working hypothesis. The effects of AO against sepsis-associated liver hyperlipidemia are
9 compared to those of olive oil (OO), a more usual ingredient in Mediterranean diets. We
10 report here that, in fact, AO-enriched diet prevents LPS-associated hyperlipidemic effect
11 through the induction of the hepatic expressions of PPAR α , ERR α and their coactivator PGC-
12 1 α along with the up-regulation of their mitochondrial (*ACADS*, *ACADM*, *ACADVL*) and
13 peroxisomal (*ACOX1*) target genes.

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15 **2. Material and Methods:**

16 *2.1. Argan oil treatment*

17 Swiss OF1 mice (12 to 16 week-old) were obtained from IFFA CREDO (Casablanca).
18 They were acclimatized in the laboratory for 10 days at 22 \pm 2 °C with standard chow and
19 water *ad libitum*. Animal studies were conducted in accordance with the protocols of Animal
20 Use and Care of the University of Hassan 1st, Settat, Morocco. The virgin Argan oil used in
21 this work was obtained from the Aklim area in the northeast of Morocco. Six groups of mice
22 (5 mice/group) received during 25 days: a standard chow (2 groups, control); a standard chow
23 supplemented with 6% (w/w) of Argan oil (2 groups, AO) or a standard chow supplemented
24 with 6% (w/w) of olive oil (2 groups, OO). Oils were included in the diets by direct mixing
25 with the standard animal chow. Sixteen hours before euthanasia and during the fed state, one

1 group from control (+LPS), AO (AO+LPS) and OO (OO+LPS) respectively received (5
2 mg/kg) intraperitoneal injections of 100 µg of *Escherichia coli* 0111:B4 LPS (Sigma)
3 resuspended in phosphate-buffered saline (PBS) or an equal volume of PBS alone.

4 *2.2. Composition of oils*

5 Both Argan and olive oils (AO and OO) contain mono and polyunsaturated fatty acids.
6 However, argan oil has 35% of C18:2n-6 and 45% of C18:1n-9 while olive oil shows only 6
7 % of C18:2n-6 and more than 75% of C18:1n-9, leading to a higher unsaturation index of AO
8 (120.4) *versus* OO (108.3) [42].

9 *2.3. Quantitative PCR analysis*

10 Total RNA from liver was extracted using the RNeasy Mini kit (Qiagen) following the
11 manufacturer's instructions. cDNA was generated by reverse transcription using Moloney
12 Murine Leukemia Virus Reverse Transcriptase (Promega) according to the manufacturer's
13 protocol and analyzed by quantitative PCR using the GoTaq® qPCR Master Mix (Promega),
14 and a StepOnePlus Real-Time PCR System (Applied Biosystem). The primer sequences were
15 chosen using the Beacon Designer Software (Bio-Rad). Oligonucleotide sequences are shown
16 in the supplementary Table 1. PCR reactions were carried out in duplicate in a final volume of
17 12.5 µL containing 6.25 µL of MESA Green qPCR Mastermix (Eurogentec), 2.5 µL of cDNA
18 and forward and reverse primers at 300 nM. The PCR enzyme (*Taq* DNA polymerase) was
19 heat-activated at 95°C for 10 min, and the DNA was amplified for 40 cycles at 95°C for 15 s,
20 60°C for 30 s, and 72°C for 30 s, followed by a melting curve analysis to control the absence
21 of nonspecific products. For each transcript, the amplification efficiency was determined by
22 the slope of the standard curve generated from two fold serial dilutions of cDNA. Gene
23 expression was quantified using cycle to threshold (Ct) values and normalized by the
24 reference gene, *36B4 encoding the acidic ribosomal phosphoprotein P0*. To this end, the

1 quantitative gene expression was determined according to $2^{-\Delta\Delta Ct}$ with $\Delta Ct = (Ct \text{ of the gene}$
2 studied) – (Ct of the *36B4* gene).

3 *2.4. Enzymatic activity measurements*

4 One hundred mg of liver tissue were homogenized by a Potter-Elvehjm homogenizer in 0.2
5 ml of a buffer containing 250 mmol/L sucrose, 20 mmol/L Tris-HCl pH 7.5 and 2 mmol/L
6 EDTA. After centrifugation at 600 g for 5 min at 4°C, the supernatant was collected and
7 stored at -80°C until use. Peroxisomal acyl-CoA oxidase (ACOX1) activity was measured by
8 the fluorometric assay using palmitoyl-CoA as a substrate as described previously [43].
9 Catalase activity was monitored at 240 nm as described elsewhere [44]. Mitochondrial acyl-
10 CoA dehydrogenases activities were followed at 600 nm on acyl-CoAs of different chain
11 lengths (for experimental details, see legends to figures) [45].

12 *2.5. Statistical analysis*

13 Statistical analyses to compare two experimental groups were performed with, an unpaired,
14 two-tailed, Student-t test (Excel software) for calculating the probability values and data were
15 considered statistically different at a P-value of 0.05 or less.

16 **3. Results:**

17 *3.1. Body weight under experimental diets*

18 Figure S1 shows the time-course of body weights evolution during the nutritional
19 intervention. Each group of mice was weighted at four different time points during the 3
20 weeks that precede the LPS administration; no significant differences in body weight have
21 been found between the different experimental groups.

22 *3.2. Argan oil modulates the expression of PPARα, PGC-1α and related target genes*

23 Interestingly, polyunsaturated fatty acids are known to be activators of PPARα, a nuclear
24 receptor which governs lipid metabolism and fatty acid oxidation [46]. Here we report (Figure
25 1A) that mice treated with AO or OO showed a significant increase in hepatic PPARα

1 mRNA, while the mRNA expression of *ERRα* displayed no significant variation (Figure 1B).
2 Intriguingly, the expression of PGC-1 α mRNA was specifically down regulated by AO
3 (Figure 1C). However, the expression of PPAR α target genes (i.e. *ACOX1* and *ACADM*) was
4 clearly induced by both AO and OO, while *ACADS* mRNA level was only increased by AO
5 (Figure 1E, F). Regarding the mitochondrial fatty acid beta-oxidation activities, only short
6 (C4:0)-, long (C12:0)- and very long (C16:0)-acyl-CoA mitochondrial dehydrogenases were
7 increased but not the medium (C:8) acyl-CoA dehydrogenase activity (figure 2C, D). By
8 contrast to mitochondria, peroxisomal palmitoyl-CoA oxidase was not changed and only
9 peroxisomal catalase activity was induced by AO or OO (Figure 2A). These results support
10 experimentally that AO and OO up-regulate specifically mitochondrial fatty acid β -oxidation
11 (except for the medium chain) and peroxisomal catalase activities (Figure 2B).

12 *3.3. LPS induces selective changes in mitochondrial and peroxisomal FAOx gene expression*
13 Consistent with previous studies [47, 48], treatment with LPS strongly decreased the
14 expression of nuclear receptors, PPAR α and *ERRα*, mRNA levels in mouse liver (Figure 1A,
15 B). LPS also decreased the hepatic expression of mRNA level of PGC-1 α . However in these
16 conditions, lipin-1, which may interact with PGC-1 α [24], showed enhanced mRNA levels
17 (Figure 1D). Measurements of the expression of mitochondrial and peroxisomal FAOx gene
18 products at two stages (mRNA levels and enzyme activities) and 16 hours after LPS injection
19 showed a selective decrease of *ACADS* without changes in *ACOX1*, *ACADM* and *ACADVL*
20 mRNA expressions (Figure 1E, F). In addition, LPS treatment led to a reduction of
21 mitochondrial ACADS enzyme activity (Figure 2C) and also, as further discussed, of
22 peroxisomal ACOX1 activity (Figure 2A), while the activity of peroxisomal catalase was
23 enhanced (Figure 2B).

24 *3.4. Argan oil protects against the drops induced by LPS in hepatic expression of PPAR α ,*
25 *ERR α and coactivator PGC-1 α*

1 To evaluate the direct therapeutic benefit of argan oil (AO), mice were pretreated with
2 AO for 24 days before LPS injection taking place 16 hours prior to euthanasia. The effects of
3 AO were compared to those of OO, and as illustrated by Figure 1A, preserved levels of
4 *PPAR α* mRNA were observed in AO+LPS-treated mouse livers, being comparable to
5 protection observed in livers from OO+LPS-treated mice (Figure 1A). By contrast, only
6 AO+LPS induced substantial significant increases in liver expression of *ERR α* and *PGC-1 α*
7 mRNA when compared to LPS alone, while OO+LPS induced only a modest significant
8 increase in *PGC-1 α* mRNA level (Figure 1B and C). At the opposite, pretreatment with
9 AO+LPS showed an equal increase in levels of Lipin-1 mRNA as in LPS group, revealing no
10 effect of AO. However, combined OO pretreatment and LPS injury reduced significantly the
11 expression of Lipin-1 mRNA (Figure 1D). Evaluation of mRNA levels of *PPAR α* target
12 genes involved in mitochondrial and peroxisomal FAOx (Figure 1E, F) showed that LPS
13 provoked only a decrease in *ACADS* mRNA, being without significant effects on mRNA
14 levels of *ACADM*, *ACADVL* and *ACOX1*. Measurements of FAOx enzyme activities revealed
15 that the selective reduction by LPS treatment of *ACOX1* and *ACADS* (C4:0) activities were
16 prevented by AO or OO (AO+LPS or OO+LPS), while for the other dehydrogenase activities,
17 no effects of the oils were observed except for C16:0 with AO+LPS versus LPS (Figure 2A,
18 C and D). The enhanced activity of peroxisomal catalase, after LPS treatment, was preserved
19 by OO pretreatment (OO+LPS) and to a lesser extent by AO (AO+LPS) (Figure 2B).

20 *3.5. Argan oil preserves hepatic gluconeogenesis gene expressions during LPS-induced liver*
21 *dysfunction*

22 HNF4 α is a critical nuclear receptor of PGC-1 α -mediated gluconeogenesis and controls the
23 expression of gluconeogenic genes (PEPCK, G6PH) [31]. Here we showed that AO and OO
24 treatments had no effect on the mRNA level of HNF4 α , and 16 hours after LPS
25 administration, there was still no change in the expression of HNF4 α (Figure 3A), though the

1 expression of its known target genes were induced to different extents by AO and OO
2 treatments. Indeed, AO up-regulated the expression of *PEPCK*, *G6PH* and *Glut2* mRNA,
3 while OO, *PEPCK* and *Glut4* mRNA levels (Figure 3B). Finally, administration of LPS
4 deeply reduced the mRNA expression of these four target genes (Figure 3B). Interestingly,
5 AO+LPS-treated mice exhibited preservation of liver gluconeogenic gene expressions,
6 particularly *PEPCK*, *G6PH* and *Glut4*, which were kept quasi-normal. However, the
7 expression of *Glut2*, the highly expressed glucose transporter in liver, was more deceased in
8 AO+LPS-treated compared to LPS-treated mice (Figure 3B). OO+LPS-treated mice exhibited
9 also prevention towards LPS-downregulation of liver gluconeogenic genes and no protection
10 for *Glut4* was induced by OO (Figure 3B).

11

12

1 **4. Discussion**

2 The present work provides evidence that mice fed with AO have enhanced expressions of
3 several hepatic FAOx and gluconeogenesis transcripts and this AO-mediated upregulation
4 persists during endotoxic LPS shock. This protective effect appears to associate coregulations
5 of hepatic nuclear receptors PPAR α , ERR α and HNF-4 α and their coactivator PGC-1 α [31].
6 In addition, AO seems to have specific effects on the activities of mitochondrial acyl-CoA
7 dehydrogenases and peroxisomal catalase.

8 *AO and OO vs control diets*

9 The body weight of mice fed dietary argan oil or olive oil did not show any significant
10 difference in comparison to the body weight found in mice fed the control diet. Although data
11 on mice fed argan oil are absents in the literature, 10% diet supplementation by AO or OO in
12 rat during 4 weeks also showed no significant differences [49].

13 In the absence of LPS, AO increases mRNA expression of PPAR α and of its
14 mitochondrial (ACADS, ACADM) and peroxisomal (ACOX1) target genes. Regarding OO
15 treatment, we obtained similar results as with AO for ACADM and ACOX1 mRNA. Even if
16 these oils have different fatty acid compositions, AO and OO induced almost a similar
17 induction of PPAR α and its target genes. As mentioned above, OO contains mainly about
18 70% of oleic acid and only 6 to 9 % of linoleic acid, while AO harbors 35% of linoleic acid
19 and 45% of oleic acid, indicating that AO is richer in polyunsaturated fatty acids [42]. FAOx
20 induction by OO has been shown to be dependent on PPAR α , since induction by OO or fish
21 oil of hepatic ACOX1 mRNA is abrogated in *Ppara* null mice [50]. In this respect, several
22 fatty acids and their polyunsaturated derivatives have been shown to activate responsive
23 element of PPAR α target genes and the generation of *Ppara* null mice established that
24 PPAR α coordinates transcriptional activation of the genes coding for proteins catalyzing
25 FAOx pathways [14, 51-53]. Furthermore, at the energetic level fatty acids are more essential

1 than glucose to the adaptation-phase responses in acute or chronic systemic inflammatory
2 diseases [54]. Thus, it will be of interest to compare in the future the potential preventive
3 effect of supplementing AO to curative properties of its parenteral administration during a
4 septic shock.

5 On the other hand, though AO or OO increases mRNA expression of mitochondrial acyl-
6 CoA dehydrogenases and peroxisomal ACOX1, only mitochondrial oxidation of C4:0, C12:0
7 and C16:0 acyl-CoA esters and not peroxisomal palmitoyl-CoA oxidase activity were
8 increased. Acyl-CoA oxidase is long known to bind weakly its flavine adenine dinucleotide
9 (FAD) [50, 55] and this might contribute to intraperoxisomal dissociation of holoenzyme into
10 FAD and apoenzyme (less stable than holoenzyme). Mitochondrial matrix contains a FAD
11 synthetase [56] and, therefore, might better secure protein need in FAD, and hence a better
12 stability of acyl-CoA dehydrogenases by favoring holoenzyme *vs* apoenzyme forms. In
13 addition, absence of the induction of mitochondrial octanoyl-CoA (C8:0) dehydrogenase
14 activity by different treatments may be related to the process of fatty acid degradations in
15 mitochondria and peroxisomes respectively [53]. Thus, the already known incomplete chain
16 shortening of fatty acyl-CoA in peroxisomes would participate to the octanoyl-CoA export for
17 replenishment of the mitochondrial pool [53].

18 By contrast to OO, gene expressions of both PGC-1 α and Lipin-1 were downregulated by
19 AO. Such effects might explain the observation of Berrougui et al. [57] that AO diminished
20 both LDL and TG according to the key role of Lipin-1 in the assembly and secretion of
21 hepatic very low-density lipoprotein and the increase of TG synthesis as well [58].

22 *LPS+AO and LPS+OO vs Control+LPS diets*

23 In rodents, previous studies have shown that LPS (after a single bolus) induced similar
24 cytokines profiles in either fed or 48h-fasted rats [59]. Accordingly, given that 24h-fasting per

1 se significantly enhances hepatic PPAR α mRNA expression and activity [60] and due to its
2 potent anorexigenic effect, LPS has been injected during the fed state [61].

3 For the first time, AO is shown to enhance gene expressions of hepatic FAOx and
4 gluconeogenesis in a way persisting during endotoxic LPS shock. This protective mechanism
5 appears to involve coregulation by PGC-1 α of hepatic nuclear receptors PPAR α , ERR α and
6 HNF-4 α [27]. The present work also reports that AO and OO increase liver expression of
7 gluconeogenic genes. Hepatic gluconeogenesis is regulated by PGC-1 α through the
8 coactivation of HNF-4 α [31]. Prevention of the LPS-associated downregulation of
9 gluconeogenic genes is better accounted for by PGC-1 α than by HNF-4 α without ruling out
10 lipin-1 activation. Under Lipin-1 RNAi, PEPCK and G6PH are indeed down regulated [62].

11 Dysregulation of lipid metabolism by LPS injection is characterized by a dramatic decrease in
12 mitochondrial fatty acid oxidative enzymes [63] and hence fatty acid oxidation (FAOx) in
13 several tissues, including liver [3, 6-10]. Proposed underlying mechanisms include a
14 reduction in PPAR α and its coactivator PGC-1 α expressions and hence in mRNA levels of
15 FAOx genes [3, 47, 48]. Additionally, we showed a strong decrease of ERR α mRNA and
16 increase in liver Lipin-1 transcripts after LPS treatment. Interestingly, both ERR α and Lipin-1
17 play key roles in the expression of FAOx genes [48, 64]. LPS decreases Lipin-1 mRNA in
18 mouse adipose tissue but not skeletal muscle [64] and ERR α in liver, heart, and kidney of
19 mice markedly during the LPS-induced acute-response phase [48]. Intriguingly, AO
20 supplementation in LPS treated mice here has no effect on the level of Lipin-1 mRNA, in
21 contrast to OO supplementation which prevents enhancement of Lipin-1 mRNA by LPS.

22 Such differential effect between AO and OO is similar to what we obtained for PGC-1 α
23 transcripts. Knowing that Lipin-1 RNAi has been shown to mediate reduction of PGC-1 α
24 mRNA [62], we could suggest that increase in Lipin-1 may participate to the preservation of
25 PGC-1 α mRNA by AO. Our results corroborate and extend previous studies demonstrating

1 that suppression by LPS of FAOx addresses, particularly in liver, peroxisomal ACOX1 and
2 ACADS genes. Such LPS suppressive effect is prevented by nutritional supplementation with
3 AO, which also preserves the gene expressions of ERR α , PPAR α and their coactivator PGC-
4 1 α .

5 LPS treatment exhibited an opposite effect on peroxisomal beta-oxidation and antioxidant
6 activities, which were decreased for ACOX1 and increased for catalase respectively. This
7 may be related to the fact that ACOX1 is an H₂O₂-generating enzyme, while catalase is an
8 H₂O₂-degrading enzyme [52, 53]. The LPS-associated generation of reactive oxygen species
9 is believed to play a key role during the pathogenesis of sepsis [65]. Accordingly, the
10 inhibition of catalase was associated with the progression of LPS/D-galactosamine-induced
11 fulminant liver injury [66]. Thus, the preservation of catalase activity by AO may have a
12 protective effect against the exacerbation of liver injury during LPS-induced endotoxemia.

13 **5. Conclusion**

14 In conclusion, the present work showed that argan oil protects against the decreased
15 expression of genes involved in hepatic FAOx and gluconeogenesis usually observed during
16 the acute response phase associated with LPS administration. This preventive protection
17 might be related to the recovery of the gene expressions of nuclear receptors PPAR α and
18 ERR α as well as of their coactivator PGC-1 α . Such recovery may explain the preservations of
19 mitochondrial and peroxisomal enzymatic activities in parallel to an improvement of
20 gluconeogenic gene expressions.

21

22 **Acknowledgments**

23 *This work was supported by the Action Intégrée of the Comité Mixte Inter-universitaire
24 Franco-Marocain (CMIFM, AIMA/14/310, CampusFrance) from the PHC Volubulis/Toubkal
25 program, The Centre National Pour la Recherche Scientifique et Technique (CNRST)-
26 Morocco, Ministère des Affaires Etrangères, the Conseil Régional de Bourgogne and the
27 Ministère de l'enseignement et de la Recherche.*

1 **Conflicts of interests**

2 *The authors have declared no conflict of interest.*

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1 **Legends of figures:**

2 **Fig 1. Argan oil preserves hepatic mRNA expressions of nuclear receptors PPAR α and**
3 **ERR α , coactivator PGC-1 α and target genes during exposure of mice to LPS.** Real-time
4 PCR was used to quantify the hepatic mRNA levels of PPAR α (A) and ERR α (B),
5 coactivators PGC-1 α (C) and lipin-1 (D) their target genes: *Acox1* (E), *Acads*, *Acadm* and
6 *Acadvl* (F). All real-time PCR reactions were performed in duplicate. All values are means \pm
7 SEM (n= 5 /group) and are normalized to control mice. Symbols (*, # and +) correspond to a
8 statistical significance of higher mean signal intensity, (p<0.01 for *** and +++, p<0.02 for
9 ** and ++, p<0.05 for * and #), compared with the control (*) or with the LPS-treated mice
10 (>). Mice received for 25 days a standard chow (control); a standard chow supplemented with
11 6% (w/w) of Argan oil (AO) or a standard chow supplemented with 6% (w/w) of olive oil
12 (OO). Sixteen hours before euthanasia, one group from control (+LPS), AO (AO+LPS) and
13 OO (OO+LPS) respectively received intraperitoneal injection of 100 μ g LPS.

14 **Fig 2. Argan oil protects hepatic mitochondrial and peroxisomal fatty acid oxidation**
15 **during exposure of mice to LPS.** The specific activities of mitochondrial acyl-CoA
16 dehydrogenases (SCAD, MCAD, LCAD and VLCAD) and peroxisomal enzymes (ACOX1
17 and Catalase) were measured in liver homogenates as described in “*Material and Methods*”
18 section. All values are means \pm SEM (n= 5 /group). Symbols (*, # and +) correspond to a
19 statistical significance of higher mean signal intensity (p<0.01 for ***, $\blacksquare\blacksquare\blacksquare$ and $\#\#\#$; p<0.02
20 for **, ## and ++; p<0.05 for *, \blacksquare and #), compared with the control mice (*) or with the
21 LPS-treated mice (>). Mice received for 25 days a standard chow (control); a standard chow
22 supplemented with 6% (w/w) of Argan oil (AO) or a standard chow supplemented with 6%
23 (w/w) of olive oil (OO). Sixteen hours before euthanasia, one group from control (+LPS), AO
24 (AO+LPS) and OO (OO+LPS) respectively received intraperitoneal injection of 100 μ g LPS.

25 **Fig 3. Argan oil maintains hepatic gluconeogenesis during exposure of mice to LPS-**
26 Real-time PCR was used to quantify the hepatic mRNA levels of HNF-4 α (A) and PEPCK,
27 G6PH and Glut4 (B). All real-time PCR reactions were performed in duplicate. All values are
28 means \pm SEM (n= 5 /group) and are normalized to control mice. Symbols (*, $\$, \mathfrak{f}$ and a)
29 correspond to a statistical significance of higher mean signal intensity, (p<0.01 for ***, $\mathfrak{f}\mathfrak{f}\mathfrak{f}$
30 and $\$\$\$$; p<0.02 for **, $\$\$$ and b; p<0.05 for *, \mathfrak{f} and $\$$), compared with the control mice (*,
31 $\$, \mathfrak{f}$) or with the LPS-treated mice (a and b). Mice received for 25 days a standard chow
32 (control); a standard chow supplemented with 6% (w/w) of Argan oil (AO) or a standard
33 chow supplemented with 6% (w/w) of olive oil (OO). Sixteen hours before euthanasia, one
34 group from control (+LPS), AO (AO+LPS) and OO (OO+LPS) respectively received
35 intraperitoneal injection of 100 μ g LPS.

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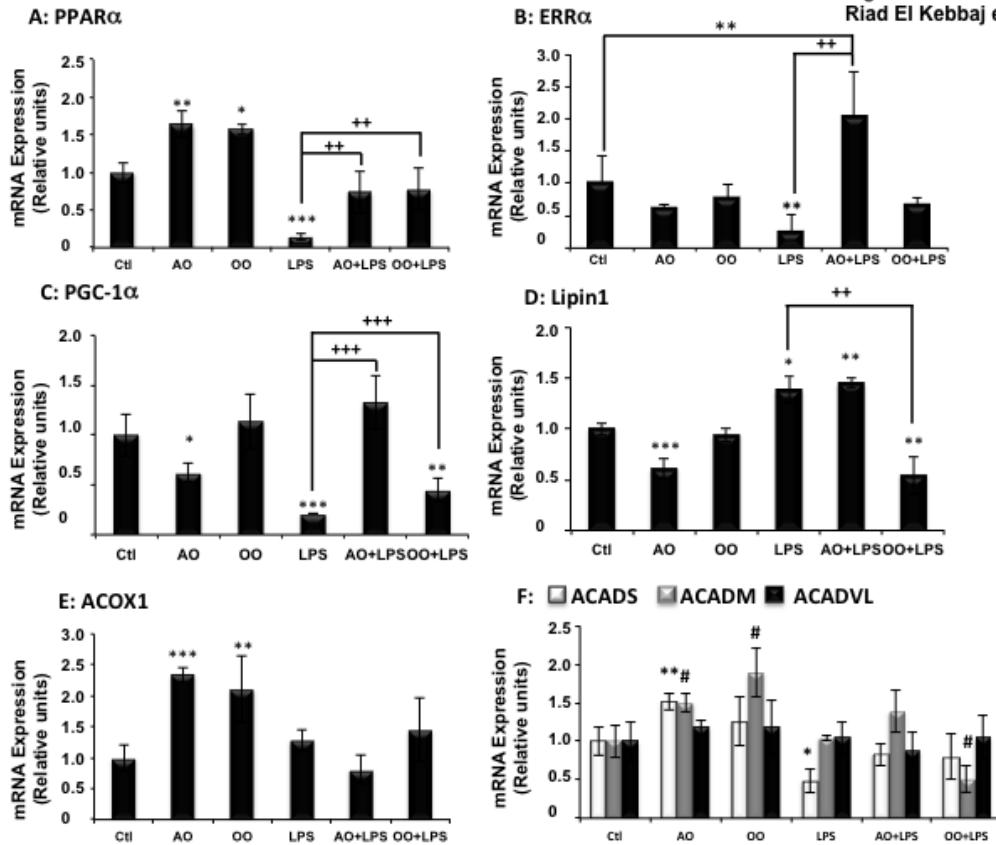
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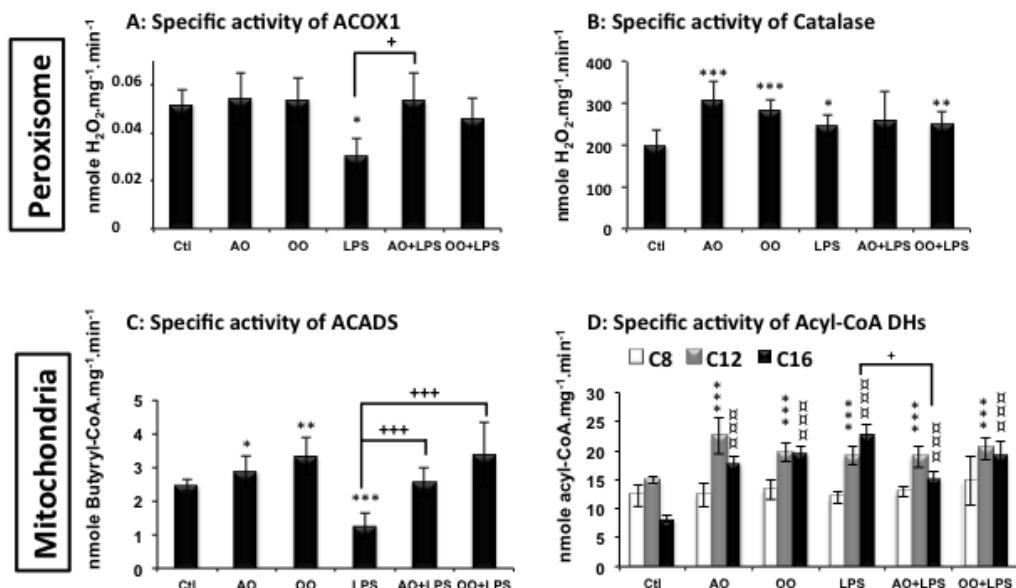
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Figure 1
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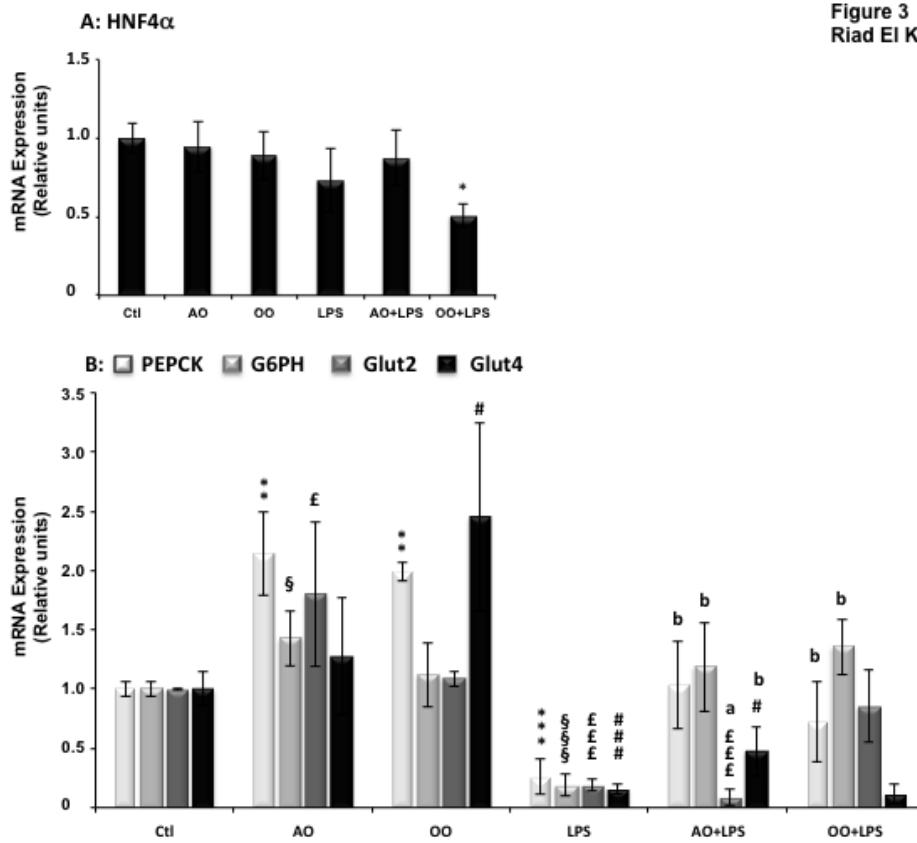
Figure 2
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Figure 3
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1 Supplementary Table S1: sequences of oligonucleotides used as primers in the quantitative PCR.

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<i>36B4-forward</i>	5' ATCTGCTTGGAGCCCACAT3'
<i>36B4-reverse</i>	5' GCGACCTGGAAGTCCAACTA3'
<i>Acdl-forward</i>	5' GGGAAAGAGCAAGCGTACTCC3'
<i>Acadl-reverse</i>	5' TCTGTCATGGCTATGGCACC3'
<i>Acadm-forward</i>	5' GACCAGAACATCACCTCCAA 3'
<i>Acadm-reverse</i>	5' CAAGTATGCCCTGGAAAGGA 3'
<i>Acads-forward</i>	5' GAGCTTGGCTGCCTCTTAC3'
<i>Acads-reverse</i>	5' CATGGAACAGCACTGAGAG3'
<i>Acadvl-forward</i>	5' GGAGGACGACACTTGCAGG3'
<i>Acadvl-reverse</i>	5' AGCGAGCATACTGGTATTAGA3'
<i>Acox1-forward</i>	5' GCCAAGGCGACCTGAGTGAGC3'
<i>Acox1-reverse</i>	5' ACCGCAAGCCATCCGACATTG3'
<i>G6ph-forward</i>	5' CTGCAAGGGAGAACTCAGCAA3'
<i>G6ph-reverse</i>	5' GAGGACCAAGGAAGCCACAAT3'
<i>Glut-4-forward</i>	5' GGAAGGAAAAGGGCTATGCTG3'
<i>Glut-4-reverse</i>	5' TGAGGAACCGTCCAAGAATGA3'
<i>Hnf-4alpha-forward</i>	5' ACCAAGAGGTCCATGGTGTTC3'
<i>Hnf-4alpha-reverse</i>	5' GTGCCGAGGGACGATGTAG3'
<i>Pck1 (Pepck)-forward</i>	5' CAACTCGGCAAATACCTG3'
<i>Pck1 (Pepck)-reverse</i>	5' CTGTCTTCCCCCTCAATCC3'
<i>Pgc-1alpha -reverse</i>	5' TGTAGCTGAGCTGAGTGTGG3'
<i>Pgc-1alpha-forward</i>	5' AGACGGATTGCCCTCATTTGA3'
<i>Pparalpha-forward</i>	5' CCTGAACATCGAGTGTGCAATAT3'
<i>Pparalpha-reverse</i>	5' GGTCTTCTTCTGAATCTGCAGCT3'

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1 **Supplementary data**

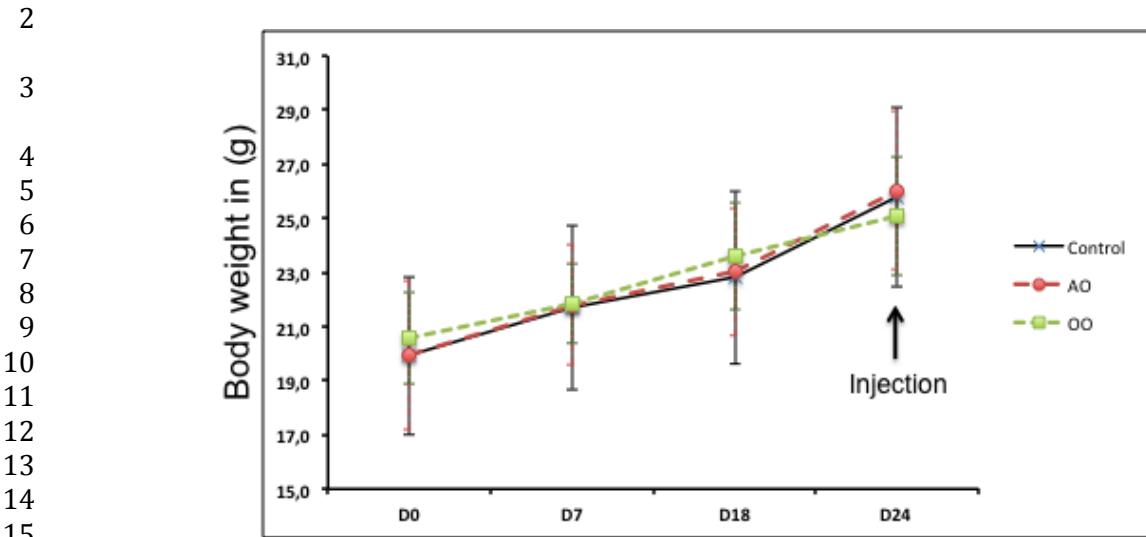


Figure S1: Evolution of body weight (in gram) of mice in each experimental group. Mice received control diet (Control) or a diet supplemented with 6% of Argan oil (AO) or Olive oil (OO) as described in Materiel & Methods section. Sixteen hours before euthanasia and during the fed state, one group from control, from AO and from OO received a single injection (arrow) of LPS in PBS buffer (5mg/kg of body weight) or PBS alone for the other groups.

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