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Cognitive complaints in cancer: the French version of the Functional Assessment of Cancer Therapy–Cognitive Function (FACT-Cog), normative data from healthy population

French FACT-Cog normative data

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Abstract

Cancer patients often report cognitive changes after chemotherapy. The Functional Assessment of Cancer Therapy–Cognitive Function (FACT-Cog) is a self-report questionnaire that assesses these changes. The aims of the present study were 1) to establish normative data and 2) to compare the score of patients' and healthy controls' samples to assess whether the questionnaire is able to discriminate between these populations.

The normative sample included 213 healthy participants. The patient group included 63 cancer patients treated with chemotherapy, who were compared to a subsample of 63 matched healthy controls.

The questionnaire had good internal consistency reliability (Cronbach's alphas: from 0.74 to 0.91). The oldest patients had significantly more cognitive complaints ($p < 0.001$). Cognitive complaints were significantly related with Trail Making test scores ($p < 0.001$). Furthermore, FACT-Cog subscales correlated significantly with anxiety and depression. Patients had more complaints than matched controls on the subscales *Perceived Cognitive Impairments* ($p = 0.01$), *Impact on Quality of Life* ($p = 0.001$) and *Perceived Cognitive Abilities* ($p = 0.027$).

The reference values from the healthy population reported here could be used for comparison with the cognitive complaints measured in French-speaker cancer patients. It provides a benchmark against which clinicians could evaluate the impact of the disease and/or the treatments on cognitive complaints and helps to improve quality of life by providing appropriate care.

Keywords:

Cognitive complaints, Quality of Life, Cancer, Functional Assessment of Cancer Therapy (FACT), Normative data

Introduction

Impairment of cognitive function is a common complaint in cancer patients receiving chemotherapy. According to a systematic review, 21 to 90% of breast cancer patients report subjective cognitive dysfunction (Pullens, De Vries, & Roukema, 2010) concerning changes in their memory and attention, and difficulties with multi-tasking and making decisions about daily activities (Myers, 2013). Cognitive complaints are sometimes perceived a long time after treatment: 5 years after their adjuvant chemotherapy, 46% of patients still reported self-perceived cognitive deficits (Mehnert et al., 2007). This problem, commonly named *chemobrain* or *chemofog*, has mostly been studied in breast cancer patients and occurs in 13 to 70% of patients receiving chemotherapy (Wefel, Vardy, Ahles, & Schagen, 2011). It mainly affects episodic memory, working memory, executive functions, attention, and information processing speed (Ahles, 2012). Though subtle, such cognitive deficits affect patients' quality of life (Von Ah, Habermann, Carpenter, & Schneider, 2013; Reid-Arndt, Hsieh, & Perry, 2010) and may reduce their ability to make a smooth transition from treatment back to daily activities (Nieuwenhuijsen, de, Spelten, Sprangers, & Verbeek, 2009; Munir, Burrows, Yarker, Kalawsky, & Bains, 2010). Furthermore, recent longitudinal studies have shown that about 20 to 30% of breast cancer patients have cognitive impairment before starting adjuvant treatment (Ahles, 2012).

Estimates of the frequency of post-chemotherapy cognitive change vary among studies, likely because of a methodological heterogeneity between them, such as criteria for defining change, assessment instruments used or comparison groups.

While cognitive functioning is usually measured objectively through neuropsychological tests, patient self-evaluation of cognitive difficulties is an important complement, all the more since, overall, a lack of relationship between subjective complaints and objective cognitive deficits has been found whereas subjective complaints were commonly associated with anxiety and depression (Hutchinson, Hosking, Kichenadasse, Mattiske, & Wilson, 2012; Pullens et al., 2010). This lack of relationship among cancer patients may partly be explained by compensatory mechanisms used to reduce the cognitive disturbances (Ferguson, McDonald, Saykin, & Ahles, 2007; Janelins et al., 2011). Further efforts or strategies could be used to mitigate the cognitive disturbances, hence the existence of complaints in the absence of objective cognitive impairment. It seems interesting to analyze the correlations between objective and subjective cognitive scores in healthy subjects (i.e. without cognitive impairment) to assess whether there is also a lack of relationship in this

population, which calls into question the hypothesis of the effect of compensatory mechanisms.

Despite these discrepancies between objective and subjective measures, subjective complaints are important due to its significant impact on quality of life(Hutchinson et al., 2012). Moreover, during normal ageing, cognitive complaints increase(Mol et al., 2007). In this way, it is therefore necessary and important to have comparative data in healthy controls for different age groups to assess accurately subjective cognitive functioning of cancer patients and to determine if the perceived impairments are associated with cancer and not only with ageing. Furthermore, there is a lack of published normative data on self-reporting cognitive questionnaires used in *chemobrain* research(Cheung, Tan, & Chan, 2012). Indeed, in a study where there is no group of healthy subjects (i.e. subjects without cancer and neurological and psychiatric co-morbidity), it is very difficult to assess the importance of the cognitive complaints that are expressed by cancer patients. The same problem exists in clinical practice and normative data would permit to conclude to significant cognitive complaints.

While limited, intervention care for *chemobrain* exists(Léger, de Batz, & Dauchy, 2013) such as cognitive training which has demonstrated evidence of enhancing objective cognitive performance (Von Ah, Storey, Jansen, & Allen, 2013). In this perspective, properly assessed, cognitive complaints should permit to detect patients who suffered from *chemobrain* and to propose them adapted intervention care.

The Functional Assessment of Cancer Therapy–Cognitive Function (FACT-Cog) is the only self-report questionnaire which has specifically assessed cognition, developed from interviews with expert clinicians and oncology patient focus groups(Wagner, Sabatino, Cella, & et al, 2005; Wagner, Sweet, Butt, Lai, & Cella, 2009). It is the first patient-reported outcomes measure evaluating cognitive impairment to be validated with cancer patients and can potentially be used in standard clinical practice as a tool for evaluating patients' cognitive complaints before, during and after chemotherapy. Quick to administer, it facilitates the assessment of patients' cognitive complaints and the impact of cognitive impairment on their quality of life. Various cognitive domains can be subjectively assessed: mental acuity, concentration, memory, verbal fluency, multi-tasking, interference and functional change. In addition, it assesses comments from others. As a complement to the validation with cancer patients previously published (Joly et al., 2012), in the present study the French version of the questionnaire was administered to healthy individuals in order to establish normative data. We

also compared cancer patients' and healthy controls' scores to assess whether the questionnaire is able to discriminate between these groups. Finally, relationships between FACT-Cog scores and objective cognitive performances, anxiety and depression in healthy sample were also investigated.

Materials and Methods

Participants

Two hundred and thirteen healthy subjects were recruited through local advertisements and among associations. None had any cancer previous medical history and they had to be fluent in French. In addition, exclusion criteria were established for healthy controls: neurological co-morbidity, cognitive impairments as assessed with the Mini-Mental State Examination (MMSE) (Folstein, Folstein, & McHugh, 1975), history of severe psychiatric or mental health problems, i.e. mood disorders such as depression, dysthymia, bipolar disorders, anxiety, posttraumatic stress disorder, panic attack, generalized anxiety disorder, schizophrenia and other psychotic disorders; permanent addictive pathology, or chronic painful illnesses with chronic morphine treatment. All healthy controls gave their written informed consent to participate.

In addition to this healthy sample, a group of sixty-three patients recruited during their outpatient chemotherapy at the day care hospital was also included. This is the same sample as in the article validating the French version of the FACT-Cog (Joly et al., 2012). Any adult cancer patient undergoing chemotherapy or having received at least two cycles of chemotherapy in the last 6 months was eligible to participate. Exclusion criteria were the same as in healthy controls and patients gave their written informed consent to participate in the study, which was conducted in accordance with the Declaration of Helsinki and approved by the local ethics committees.

Functional Assessment of Cancer Therapy–Cognitive Function (FACT-Cog)

The FACT-Cog version 3 is a 37-item Likert-scaled questionnaire with responses ranging from 0 to 4 and consisting of four subscales. Higher scores represent better functioning or quality of life. According to FACT-Cog scoring guidelines, adding subscale scores to derive total scores is not applicable.

For each item of the *Perceived Cognitive Impairments* subscale (PCI: e.g., “I have had trouble concentrating”, range: 0-72) the patient has to indicate how often the situation

occurred during the last 7 days, on a 5-point Likert scale (from 0 “never” to 4 “several times a day”). In PCI subscale, negatively worded items (e.g., “My thinking has been slow”) were reverse scored prior to summing items for the subscale scores, such that a higher score represents better functioning or quality of life.

For each item of the *Comments From Others* subscale (Oth: e.g., “Other people have told me I seemed confused”, range: 0-16), like for PCI subscale, the patient has to indicate how often the situation occurred during the last 7 days, on a 5-point Likert scale. In Oth subscale, like for PCI subscale, negatively worded items were reverse scored prior to summing items for the subscale scores.

When rating their *Perceived Cognitive Abilities*(PCA: e.g., “My memory is as good as it has always been”, range: 0-28), the patient must use a different 5-point Likert scale (from 0 “not at all” to 4 “very much”). For this subscale, the scoring was not reversed.

Finally, for each item of the *impact on Quality Of Life* subscale (QoL: e.g., “These problems have interfered with my ability to work”, range: 0-16), like for PCA subscale, the patient must use a different 5-point Likert scale (from 0 “not at all” to 4 “very much”). For QoL subscale, like for PCI and Oth subscales, negatively worded items were reverse scored prior to summing items for the subscale scores.

Procedure

Originally, healthy participants took part of one of 2 separate studies using a different depression scale or cognitive battery, but in each of these studies, the FACT-Cog was completed to compare the responses of healthy subjects to those of patients treated for cancer. Exclusion criteria of participants were the same in these 2 studies. Thus, the pooling of FACT-Cog data allowed having more strength in the statistical analyses.

Upon recruitment, participants completed a form with questions regarding demographic data, their previous medical history, and medications. The MMSE(Folstein et al., 1975), a brief measure of cognitive function, was administered to healthy participants aged 65 and more, and to patients aged 50 and over. Participants with an MMSE score of fewer than 26 out of 30, which is indicative of possible pathological ageing, were excluded from the study(Crum, Anthony, Bassett, & Folstein, 1993; Kalafat, Hugonot-Diener, & Poitrenaudl, 2003).Eligible participants were asked to complete the FACT-Cog questionnaire.For healthy controls, depression was assessed with the Center for Epidemiologic Studies-Depression scale (CES-D) or the Beck Depression Inventory

(BDI)(Radloff, 1977; Beck, Ward, Mendelson, Mock, & Erbaugh, 1961) and anxiety with the Spielberger State-Trait Anxiety Inventory – STAI(Spielberger, 1983).

In addition, healthy participants underwent complementary objective cognitive assessment. The cognitive domains assessed are the most impaired among cancer patients treated by chemotherapy(Ahles, 2012), although not all subjects were tested with exactly the same battery of neuropsychological tests. These measures were used to examine the relationship between objective and subjective cognitive scores in the healthy population. Episodic memory (Encoding Storage Retrieval- ESR(Eustache, Desgranges, & Lalevee, 1998)), information processing speed (Trail Making test - TMT A(Reitan, 1958)), executive functions: reactive flexibility (TMT B(Reitan, 1958)) and spontaneous flexibility (verbal fluencies(Cardebat, Doyon, Puel, Goulet, & Joannette, 1990)), short-term memory (digit span forward(Wechsler, 1997)), working memory (digit span backward, letter-number sequencing and arithmetic(Wechsler, 1997))and attention (d2(Brickenkamp, 1998))were assessed.

Statistical methods

The internal consistency reliability of the FACT-Cog was assessed by measuring Cronbach's coefficient alphas on the 37 items of the questionnaire for each subscale. Values of 0.7 or greater are generally considered to be acceptable for group comparisons. In addition, non-parametric statistics were used to assess the effect of age, education and sex groups on the normative sample. Normative data were transformed into percentile scores. Finally, Spearman correlations were calculated to evaluate the associations between FACT-Cog scores and objective cognitive performances, anxiety and depression. Given the large number of correlation tests performed, a p-value < 0.01 was considered in order to minimize type I error. Finally, non-parametric statistics were used to compare the FACT-Cog scores between the healthy control subsample and patients due in part to ceiling effects on the subscales QoL and Oth.

Results

Normative data (healthy participants)

The normative sample consisted of 213 healthy participants. Mean age was 60.9 years (SD = 11.6, range = 35-89). To assess the effect of age, three age groups were considered: 30-

49 years (n = 36); 50-69 (n = 123); and 70-89 (n = 54). The proportion of women was 86.8% (185 women and 28 men). To assess the effect of educational level, three education groups were considered: ≤ 7 years (n = 32); between 8 and 12 years (n = 99); ≥ 12 years, which corresponds to the French high school degree (n = 82). The mean MMSE score (n = 140, participants aged 65 and more) was 28.6 (SD = 1.2, range = 26-30).

Owing to missing values, one observation was excluded from the analysis of internal consistency reliability for the PCI subscale. For the normative sample, Cronbach's alphas were as follows: PCI = 0.91, QOL = 0.88, Oth = 0.74, and PCA = 0.90, indicating a good reliability. To further assess the internal validity of the scale, the correlations between the four subscales were computed. The four subscales were significantly correlated with each other (Spearman correlation from 0.31 to 0.63, $ps < 0.0001$, except Oth and QOL which had low a correlation: Spearman correlation = 0.15, $p = 0.027$).

The mean and SD values of the FACT-Cog for each age, education and sex groups are shown in Table 1. There was a significant effect of age for 2 of the 4 subscales of the questionnaire: on the PCI and PCA subscales, the oldest normative sample had more cognitive complaints ($p < 0.001$). Cognitive complaints were not significantly different according to education level ($p > 0.05$). There was a significant effect of sex on 3 of the 4 subscales: for PCI, PCA and QoL subscales, women had more cognitive complaints than men ($p < 0.01$, $p = 0.037$, $p = 0.025$, respectively). However, the latter result should be considered with caution because there were few men in the normative sample and they were significantly younger than the women ($p < 0.001$; means = 52.4 vs. 62.1). Indeed, when age was considered as covariate, a significant effect of sex was showed only for QoL subscale ($p = 0.028$).

As shown in Table 2, few FACT-Cog scores were significantly related with objective neuropsychological scores (9 significant correlations/44). The TMT A and B scores were significantly related with the PCI and PCA subscales ($p < 0.001$). Moreover, Table 2 also shows correlations between FACT-Cog scores and age, depression and anxiety. On the PCI and PCA subscales, all correlations were significant with age, anxiety and the two depression scores ($p < 0.001$) (except PCA and CES-D, $p = 0.53$). The QoL subscale was significantly related only with anxiety and depression measures ($p < 0.001$) and there was no significant correlation between the Oth subscale and these measures.

Considering the differences on the FACT-Cog scores according to age group, Table 3 presents percentiles for FACT-Cog subscales for the three age groups (percentile 5 to 90).

Comparison between matched control subsample and patients

Sixty-three cancer patients were included. Mean age was 58.6 years (SD = 11.9, range = 36-79). Three age groups were considered: 30-49 years (n = 16); 50-69 (n = 24); and 70-89 (n = 23). The proportion of women was 68.2% (43 women and 20 men). Three education groups were considered: ≤ 7 years (n = 23); between 8 and 12 years (n = 25); ≥ 12 years, which correspond to the French high school degree (n = 15). The mean MMSE score (n = 46) was 28.6 (SD = 1.1, range = 27-30).

The internal consistency reliability of the scale in the patients group is available in the validation article of the French FACT-Cog (Joly et al., 2012) (PCI = 0.93, QoL = 0.85, Oth = 0.70, PCA = 0.89).

A selection of healthy controls taken from the normative sample presented above was compared to the patients. For this purpose, 63 controls were selected and carefully matched for age (mean = 57, SD = 11.4), education level, gender (68.2% female) and MMSE (mean = 28.5, SD = 1.4) (Table 4).

The FACT-Cog scores on each of the four subscales are presented in Table 4. FACT-Cog scores were significantly higher in the control group on the PCI, QoL and PCA subscales compared to patients, which means that healthy participants had fewer cognitive complaints ($p=0.01$, $p=0.001$, $p=0.027$, respectively). The Oth subscale scores did not differ significantly between the groups ($p=0.19$).

Discussion

The FACT-Cog questionnaire is the first patient-reported outcomes measure evaluating cognitive complaints to be validated with cancer patients. Furthermore, it facilitates the assessment of patients' cognitive complaints and the impact of cognitive impairment on their quality of life. However, little data is available on the French version.

As a complement to the validation with cancer patients, the French version of the FACT-Cog was administered to healthy individuals in order to establish normative data for the comparison of perceived cognitive function in cancer patients and the healthy population (without cancer and neurological or psychiatric co-morbidity). With a lack of published

normative data and without a group of healthy subjects, it is not possible to assess the importance of the cognitive complaints that are expressed by cancer patients. The same problem exists in clinical practice and normative data would permit to conclude to significant cognitive complaints. The questionnaire had good internal consistency reliability in the normative sample (Cronbach's alphas: from 0.74 to 0.91).

Younger participants had fewer cognitive complaints than older participants. This significant effect of age was found on the two subscales assessing the patient's perceived cognitive functioning (PCI and PCA). Conversely, the subscales QoL or Oth (i.e. the impact of the cognitive impairment on quality of life and people's comments about cognitive impairment of the patient) did not seem to be related with age. In healthy individuals, many effects of age have been demonstrated on cognitive functioning (slowdown in processing speed (Salthouse, 1996), declines in inhibitory processing (Radvansky, Zacks, & Hasher, 2005), decrease in performance related to working memory (De & Palladino, 2004) and episodic memory (Clarys, Bugaiska, Tapia, & Baudouin, 2009)) which could explain this increase of cognitive complaints. Anxio-depressive symptoms also increase with ageing, yet these symptoms are commonly associated with cognitive complaints. Age effects have been observed with other self-reported cognitive questionnaires in healthy subjects (e.g. (Vallat-Azouvi, Pradat-Diehl, & Azouvi, 2012)). Age is therefore an important parameter to be considered in studies assessing cognitive complaints. Thus, the percentiles for the four subscales were calculated for each age group (30-49; 50-69; 70-89 years). These data are necessary and important to assess accurately subjective cognitive functioning of cancer patients and to determine if the perceived impairments by elderly patients are associated with cancer and not simply with ageing.

The women in our sample reported more cognitive complaints than men (except on the subscale Oth). Nevertheless, if age effect is controlled, sex has an effect only on the subscale QoL. Cognitive difficulties may have a significant impact on women quality of life. Otherwise, results did not indicate any significant correlation between education level and FACT-Cog scores.

The normative sample included few participants in the younger age group (30-49) and many women. However, this large proportion of women and more precisely middle age women means that the healthy sample was more comparable to a population of breast cancer patients, population in which the *chemobrain* is the most studied.

In healthy participants, overall, the FACT-Cog subscales were significantly correlated with emotional measures (anxiety and depression). On the other hand, few significant correlations were found between cognitive complaints and objective cognitive performances. Similar results have already been observed with the FACT-Cog questionnaire (Biglia et al., 2012; Jacobs, Jacobsen, Booth-Jones, Wagner, & Anasetti, 2007; Vardy et al., 2006) and with other questionnaires of cognitive complaints among cancer patients (Berman et al., 2013; Castellon et al., 2004; Kesler et al., 2013).

Although, overall, a lack of relationship between subjective complaints and objective cognitive deficits has been found, the TMT A and B scores were significantly related with the PCI and PCA subscales. These results are consistent with others based on self-report questionnaire assessing cognitive complaints of cancer patients from four subscales specific to one cognitive domain; this suggests that subjective cognitive complaints in part reflect objective performance in domain-specific cognitive tests (Ganz et al., 2013). Indeed, cognitive complaint questionnaires like the FACT-Cog are usually multidimensional, i.e. they concern various cognitive domains. Thus, it is understandable why global measures cannot be related to each domain-specific neuropsychological test score. Moreover, our results did not confirm the hypothesis that the lack of relationship between subjective complaints and objective cognitive deficits may partly be explained by compensatory mechanisms used to reduce the cognitive disturbances (Ferguson et al., 2007; Janelins et al., 2011). Indeed, even in the absence of cognitive impairment (i.e. among healthy participants), thus in a situation not requiring compensatory mechanisms, only two objective scores are related to cognitive complaints.

When compared to their matched controls, patients reported significantly more cognitive complaints on three of the four FACT-Cog subscales: PCI, QoL and PCA. The validity of the cognitive complaint assessment was examined by this ability to discriminate patients and controls. Only the subscale *Comments from Others* did not allow patients and healthy controls to be discriminated. Indeed, cancer-related cognitive impairments were usually not severe, thus the comments from others about patient cognitive dysfunctions could be rare. The subscale *Comments from Others* must not be used to accurately assess cognitive complaints of cancer patients. Nevertheless, the three other subscales can be used in studies to determine if complaints of patients' group are significant. Moreover, in clinical practice, with reference to these normative data, clinicians will know whether the patient has higher

cognitive complaints than slight complaints. All suspicious complaints will have to lead to a thorough neuropsychological assessment that should enable to propose adapted intervention care to patients.

The main limitation of the study is the small samples of patients and matched controls. Comparisons between these samples showed significant differences but a greater number of participants would increase the power of the test. Furthermore, the normative sample has a low representativeness of general population: it included few participants in the age group 30-49 years and men, women volunteering more for neuropsychological study. However, this large proportion of women and more precisely middle age women means that the healthy sample was more comparable to a population of breast cancer patients; population in which the *chemobrain* is the most studied.

To conclude, the reference values from the healthy population reported here can be used for comparison with the cognitive complaints measured in French-speaker cancer patients, in research trials or clinical practice. It provides a benchmark against which clinicians can evaluate the impact of the disease and/or treatments for cognitive complaints and helps to improve quality of life by providing appropriate care.

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Conflict of Interest The authors have no conflicts of interest.

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Table 1 FACT-Cog subscale scores of normative sample (n=213)

		Normative sample			Kruskal-Wallis or Wilcoxon
		Mean (SD)	Median	Range	p value
PCI (0-72)		59.3 (9.2)	61	28-72	
Age group (years)	30 – 49	63.3 (6.1)	64	44-72	<0.001
	50 – 69	59.8 (9.3)	62	28-72	
	70 – 89	55.5 (9.4)	57.5	32-72	
Years of schooling	≤ 7 years	58.9 (9.6)	61	35-72	0.21
	>8 and <12 years	60.6 (8.1)	62	34-72	
	≥ 12 years	58.0 (10.1)	60.5	28-72	
Sex	Men	63.6 (7.4)	65	42-72	0.003
	Women	58.7 (9.2)	61	28-72	
QoL (0-16)		13.6 (3.2)	15	0-16	
Age group (years)	30 – 49	14.1 (3.3)	16	4-16	0.11
	50 – 69	13.4 (3.5)	15	0-16	
	70 – 89	13.7 (2.5)	14	7-16	
Years of schooling	≤ 7 years	13.0 (3.8)	14.5	0-16	0.60
	>8 and <12 years	13.5 (3.5)	15	0-16	
	≥ 12 years	13.9 (2.6)	15	5-16	
Sex	Men	14.9 (1.7)	16	10-16	0.025
	Women	13.4 (3.4)	15	0-16	
Oth (0-16)		15.4 (1.2)	16	9-16	
Age group (years)	30 – 49	15.7 (0.6)	16	14-16	0.68
	50 – 69	15.4 (1.3)	16	9-16	
	70 – 89	15.4 (1.3)	16	10-16	
Years of schooling	≤ 7 years	15.0 (1.8)	16	9-16	0.16
	>8 and <12 years	15.5 (1.3)	16	9-16	
	≥ 12 years	15.5 (0.8)	16	11-16	
Sex	Men	15.5 (0.9)	16	12-16	0.88
	Women	15.4 (1.3)	16	9-16	
PCA (0-28)		19.7 (4.6)	20	4-28	
Age group (years)	30 – 49	22.4 (3.4)	21.5	16-28	<0.001
	50 – 69	19.7 (4.7)	20	4-28	
	70 – 89	18.1 (4.3)	18	8-27	
Years of schooling	≤ 7 years	19.3 (4.3)	19	12-28	0.59
	>8 and <12 years	19.5 (5.2)	20	4-28	
	≥ 12 years	20.2 (4.0)	20	11-27	
Sex	Men	21.1 (5.6)	22.5	4-28	0.037
	Women	15.5 (4.4)	20	7-28	

PCI: Perceived Cognitive Impairment, PCA: Perceived cognitive abilities, QoL: Impact on Quality of Life, Oth: Comments from others. A higher score represents better quality of life.

30-49 years: n=36; 50-69: n=123; and 70-89: n=54. Years of schooling: ≤ 7: n=32; >8 and <12: n=99; ≥ 12: n=82; 185 women and 28 men.

Table 2 FACT-Cog correlations with neuropsychological performances, age, depression and anxiety scores of normative sample

NP Scores FACT-Cog	ESR SE/FR (n=137)	ESR DE/FR (n=137)	TMT A time (n=213)	TMT B time (n=213)	Digit span forward (n=165)	Digit span backward (n=165)	D2 ^a (n=56)	Verbal fluencies category (n=125)	Verbal fluencies letter (n=125)	Arithmetic (n=125)	Letter-number sequences (n=125)
PCI	0.23*	0.13	-0.26**	-0.23**	0.002	0.17	0.22	0.14	0.12	0.17	0.12
QoL	-0.04	0.20	-0.07	-0.13	-0.05	0.08	-0.09	0.18	0.10	0.12	0.01
Oth	0.20	0.08	-0.10	-0.10	0.01	0.01	-0.03	0.04	-0.08	0.004	-0.05
PCA	0.20	0.18	-0.30**	-0.32**	0.01	0.31**	0.20	0.31**	0.08	0.35**	0.23*
	Age	Depression CES-D (n=88)	Depression BDI(n=125)	Anxiety STAI State(n=213)							
PCI	-0.34**	-0.33**	-0.42**	-0.29**							
QoL	-0.16	-0.43**	-0.30**	-0.35**							
Oth	-0.05	-0.10	-0.13	-0.12							
PCA	-0.38**	-0.06	-0.44**	-0.27**							

NP: Neuropsychological, ESR: Encoding Storage Retrieval, TMT: Trail Making test, SE: Superficial Encoding, DE: Deep Encoding, FR: Free Recall, PCI: Perceived Cognitive Impairment, QoL: Impact on Quality of Life, Oth: Comments from others, PCA: Perceived cognitive abilities. *p<0.01, ** p<0.001

^aD2: number of signs screened - number of errors

Table 3 Percentiles on FACT-Cog subscales for each age group in normative sample

Age group [30 – 49] (n=36)	PCI	QoL	Oth	PCA
90	70	16	16	27
80	68	16	16	26
70	66	16	16	25
60	65	16	16	24
50	64	16	16	21
40	63	16	16	21
30	62	15	16	21
20	60	12	15	19
10	59	8	15	18
5	47	6	14	16
Age group [50 – 69] (n=123)	PCI	QoL	Oth	PCA
90	70	16	16	26
80	67	16	16	24
70	66	16	16	22
60	64	16	16	21
50	62	15	16	20
40	59	14	16	19
30	57	13	15	18
20	51	11	15	16
10	47	9	15	13
5	43	6	12	11
Age group [70 – 89] (n=54)	PCI	QoL	Oth	PCA
90	65	16	16	24
80	63	16	16	22
70	61	16	16	21
60	60	15	16	19
50	57	14	16	18
40	55	14	16	18
30	53	13	15	16
20	49	12	15	14
10	41	10	14	13
5	36	8	13	9

PCI: Perceived Cognitive Impairment (range: 0-72), QoL: Impact on Quality of Life (range: 0-16),
Oth: Comments from others(range: 0-16), PCA: Perceived cognitive abilities (range: 0-28)

Table 4 Description of patients and matched controls sample (healthy controls: n=63, patients: n=63) and comparison of FACT-Cog scores between samples

	Healthy controls		Patients		Kruskal-Wallis or Wilcoxon p value
	Mean (SD)	Median (range)	Mean (SD)	Median (range)	
Age, years	57.0 (11.4)	55 (35-76)	58.6 (11.9)	58 (36 – 79)	0.42
MMSE	28.5 (1.4)	29 (26-30)	28.6 (1.1)	29 (27 - 30)	0.77
	n	%	n	%	p value
Female	43	68.2	43	68.2	0.99
Years of schooling					
≤ 7 years	17	27.0	23	36.5	0.17
Between 8 and 12 years	24	38.1	25	39.7	
≥ 12 years	22	34.9	15	23.8	
Age group, years					
30 – 49	17	27.0	16	25.4	0.73
50 – 69	34	54.0	33	52.4	
70 – 89	12	19.0	14	22.2	
Diagnosis (n= 1 unknown)					
Breast			37	59.7	
Colon			4	6.4	
Lymphoma			4	6.4	
Other*			17	27.4	
Metastatic disease (n=2 unknown)			30	49.2	
Current chemotherapy			63	100	
Other previous chemotherapy (n=13 unknown)			20	40.0	
Current radiation			0	0	
Previous radiation (n=13 unknown)			13	26.0	
FACT-Cog subscales	Healthy controls		Patients		p value
	Mean (SD)	Median (range)	Mean (SD)	Median (range)	
PCI	61.3 (8.5)	63 (32-72)	56.6 (11.2)	59 (26-72)	0.01
QOL	13.9 (2.8)	15 (4-16)	11.7 (4.2)	13 (0-16)	0.001
Oth	15.4 (1.2)	16 (10-16)	15.1 (1.4)	16 (11-16)	0.19
PCA	20.1 (4.8)	20 (4-28)	18.2 (5.2)	19 (5-27)	0.027

PCI: Perceived Cognitive Impairment, QoL: Impact on Quality of Life, Oth: Comments from others, PCA: Perceived cognitive abilities

*Other diagnoses included: caecum, Hodgkin's, lung, myeloma, ENT, ovary, peritoneum, prostate, rectum, sigmoid, Waldenström.

A higher score represents better functioning or quality of life.

